Arizona Health Improvement Plan

Arizona Rural & Public Health Policy Forum
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Leading Health Issues
State Health Assessment
Leading Health Issues
County Level Analysis

• Obesity
• Behavioral Health Services
• Diabetes
• Heart Disease
• Insurance Coverage
• Teen Pregnancy
• Substance Abuse
• Access to Well-Care
• Creating Healthy Communities & Lifestyles
• Management of Other Chronic Diseases
Leading Health Issues
Additional State Level Analysis

- Tobacco
- Suicide
- Healthcare Associated Infections (HAI)
- Unintentional injury
- Oral Health
Leading Health Issues

- Risk Factors and Co-Occurring Conditions
- Morbidity and Mortality
- Access to Systems of Care
Arizona

Health Improvement Plan
Arizona Health Improvement Plan

• Provides an overarching five year game plan for partners to work together towards achieving a healthier Arizona

• Begins the process of:
  – Prioritizing the leading public health issues
  – Defining objectives for each priority
  – Assessing Arizona’s capacity to address the issue
Arizona Health Improvement Plan Timeline

May 2014
- Establish Steering Committee
- Launch Development Arizona State Health Improvement Plan
- Initial Steering Committee Meeting
- Initial Live Broadcast

June 2014
- Assemble Key Health Issue Information

June - July 2014
- Steering Committee Meeting
- Develop Flagship Goals

September 2014
- Live Broadcast Solicit Input on Flagship Goals
- Review Arizona Assets/Gaps

October 2014
- Steering Committee Meeting
- Establish Workgroups

November 2014
- Workgroups Define High Impact Strategies

January 2015
- Steering Committee Meeting
- Review Workgroup Defined Strategies

February 2015
- Draft Arizona State Health Improvement Plan

February – March 2015
- Workgroups Reconvene to Define Implementation Plans

April 2015
- Live Broadcast Present Arizona State Health Improvement Plan

December 31, 2014
Step 1 – Engage AZHIP Stakeholders

*Completed*

- Establish Steering Committee
- Create mechanisms to gather community input
- Determine criteria to prioritize the leading health issues
- Prioritize the leading health issues
- Assemble Workgroups
- Identify activities addressing the priority health issues
### Step 2 - Match Needs and Capacity to Establish Priorities - *Completed*

<table>
<thead>
<tr>
<th>NEED</th>
<th>CAPACITY</th>
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<tbody>
<tr>
<td></td>
<td>High</td>
</tr>
<tr>
<td>High</td>
<td>Continue intervention programs</td>
</tr>
<tr>
<td>Low</td>
<td>Excess capacity-move resources to meet other needs</td>
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</tbody>
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Step 3 – Establish High Impact Strategies

_In Process_

- For each priority issue, identify three high impact strategies
  - Specific
  - Measurable
  - Short-term (1 – 2 years)
  - Long-term (3 - 5 years)
Rural Arizona
Unintentional Injuries
Draft Strategies

Healthy Communities

• Support and enhance enforcement of existing motor restraint laws and strengthen motor vehicle and off-highway restraint laws

• Research and identify effective policies and strategies on infant safe sleep and promote systems changes

• Develop a coordinated and long-term multi-strategic approach to reduce the impact of fall related injuries to include “fall” screening by physicians
Unintentional Injuries
Draft Strategies

Healthy People

• Educate parents and caregivers on infant safe sleep practices

• Educate the public on proper restraints in motor vehicles

• Implement education and individual interventions to prevent falls among older adults
Smoking remains the single most preventable cause of death in the U.S.

About 6,000 Arizonans die each year from smoking
Tobacco Draft Strategies

Healthy Communities

• Promote use of cessation services among health plans and employers

• Utilize community outreach, education, and advocacy at the community level to prevent youth tobacco use

• Develop and implement an annual comprehensive, statewide initiative to assist property managers, developers, owners, public health advocates, residents residing in multi-unit housing facilities, educational institutions, and public spaces to voluntarily adopt smoke free policies
Tobacco
Draft Strategies

Healthy People

- Promote the use of cessation treatments among adult and youth smokers
- Engage youth in peer-based approaches to prevent commercial tobacco use
- Improve public awareness of risks of secondhand smoke and aerosols
Percent of Adults Visiting a Dentist by County, 2008-2010

Oral Health
Draft Strategies

Healthy Communities

- Expand access to school-based oral disease prevention programs
- Improve access to dental coverage for low-income adults and underserved populations
- Integrate oral health into primary health care
Oral Health
Draft Strategies

Healthy People

• Increase utilization of the pediatric dental benefit among the AHCCCS-eligible population

• Increase oral health literacy (e.g.: dental visits by age one; daily teeth brushing; pregnant moms seek dental care; leverage technology platforms to assist with oral health messaging)
% of Arizonans With Limited Access to Healthy Foods

Source: County Health Rankings, 2013, percentage of population who are low-income and do not live close to a grocery store
Obesity
Draft Strategies

Healthy Communities

- Increase availability of healthy food retail
- Provide and support community programs designed to increase physical activity
- Ensure coverage of, access to, and incentives for routine obesity prevention, screening, diagnosis and treatment
Obesity
Draft Strategies

Healthy People

• Provide healthy eating and active living education to families with young children and low-income adults

• Strengthen programs that give mothers the support they need to breastfeed their babies
Cross-Cutting Issues
Draft Strategies

• Enhance the physical and built environment of communities to improve overall health

• Support schools in promoting the health and safety of students

• Encourage all employers to provide effective workplace wellness programs

• Monitor, evaluate and take action on emerging health issues
Step 4 – Implement, Promote, and Monitor the Arizona Health Improvement Plan – *In Process*

- Develop implementation plans
  - Designate lead responsible party
  - Include specific ongoing activities
  - Monitor progress
- Continue implementing the Communication Plan
- Move the needle on the priority health issues
- Achieve better health outcomes in the next 5 years
You can help!

- Keep stakeholders informed
- Share future announcements with stakeholders
- Provide feedback at critical milestones
Thank you for your time and interest!

Information on the Arizona State Health Assessment and Health Improvement Plan is available on the ADHS Managing for Excellence Website:

http://www.azdhs.gov/diro/excellence