AzMAT Mentors Program
Experienced Providers
Pre-Training Material

Date: September 9, 2020
Pre-Training Objective

To provide background information on the AzMAT Mentors Program
Culturally Responsiveness Statement

Addressing challenges faced by Arizonans with substance use disorders including those who are Black, Latiné, Indigenous, Immigrants and People of Color are crucial components of research, policy, and clinical strategies that improve health equity. AzCRH connects diverse partners across Arizona, provides reliable and useful data to inform policies and programs, and assists in finding resources to support rural and underserved populations historically exploited and ignored. We pledge to expand our efforts to address racial injustices and health inequities.

Cultural responsiveness is about being open, empathetic, and engaging in lifelong self-improvement to increase our awareness of individual and structural biases. Cultural responsiveness is about how we respect individuals, families, and communities within their ecological systems.

We also recognize and celebrate differences within and between cultural groups and strive to create inclusive environments for all people for whom we interact.
Land Acknowledgement Statement

The University of Arizona sits on the original homelands of Indigenous Peoples who have stewarded this Land since time immemorial. The University of Arizona resides on ancestral lands of the Tohono O'odham and Pascua Yaqui nations, where many today continuously reside in their ancestral land. Aligning with the university’s core value of a diverse and inclusive community, it is an institutional responsibility to recognize and acknowledge the People, culture, and history that make up the Wildcat community. At the institutional level, it is important to be proactive in broadening awareness throughout campus to ensure our students feel represented and valued.

For more information about Native lands which UArizona resides on, see https://nasa.arizona.edu/
## Key Terms (1 of 2)

<table>
<thead>
<tr>
<th>Term or Acronym</th>
<th>Definition</th>
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</thead>
<tbody>
<tr>
<td><strong>AzMAT Mentors Program</strong></td>
<td>The Arizona Center for Rural Health, Arizona Medication Assisted Treatment Program</td>
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</tbody>
</table>
| **Collaborators** | • Providers with experience implementing MAT = **experienced providers**. Experienced MAT providers are Arizona licensed and DATA-waived (x-waived) and have provided MAT services for at least one year and/or treated at least 20 patients.  
• Providers with less experienced implementing MAT = **new providers**. New MAT providers are Arizona licensed and DATA-waived (x-waived) and self-identify an interest to collaborate with an experienced MAT provider. |
<table>
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<tr>
<th>Term or Acronym</th>
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<tr>
<td>Collaborative</td>
<td>The time that the experienced and new MAT providers work together.</td>
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<tr>
<td>Consultation</td>
<td></td>
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<tr>
<td>OUD</td>
<td>Opioid Use Disorder</td>
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<tr>
<td>OTP</td>
<td>Opioid Treatment Programs are accredited and certified to provide OUD treatments per federal requirements.</td>
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<tr>
<td>Peer support</td>
<td>A person who has substance misuse experience who can support another person while they become stable, are in maintenance, or remission.</td>
</tr>
<tr>
<td>specialists</td>
<td></td>
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<tr>
<td>SUD</td>
<td>Substance Use Disorder</td>
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<tr>
<td>UDS</td>
<td>Urinalysis drug screening</td>
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Arizona Providers Identified Barriers

In Arizona, waived providers report two primary concerns:
1. Lack of available mental health or psychosocial support services
2. Lack of time / cannot add more patients

1. Arizona State University, Center for Applied Behavioral Health Policy. Statewide provider survey: Barriers and facilitators to treating patients with opiate use disorders. 2019; April. https://cabhp.asu.edu/medication-assisted-treatment (see provider infographic)
Objective 2. AzMAT Mentors Program

To support new medication-assisted treatment (MAT) providers to deliver MAT.

To achieve this goal, we support experienced MAT providers to collaborate with new MAT providers to develop and implement a MAT plan that addresses these issues:

• **Screening** for SUD/OUD

• **Providing treatments**: medications and behavioral

• **Integrating care with behavioral health** provider/refer to treatment program for more intensive care
Attributes for Authentic Application of Two-Eyed Seeing Framework\(^1\)

- Knowledge and appreciation of spiritual wellness
- Effective communication skills
- Building trusting, equitable relationships
- Patience in the process
- Taking a strengths-based perspective
- Honest with one another
- Open to change
- Engage in self-reflection on own values, perspectives, beliefs
- Acknowledge and value commonalities and differences in perspectives

# Reduce Stigma: Change the Language

<table>
<thead>
<tr>
<th>Instead of these:</th>
<th>Use these:</th>
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<tbody>
<tr>
<td>Clean</td>
<td>Negative (test)</td>
</tr>
<tr>
<td></td>
<td>Not currently using substances (individual)</td>
</tr>
<tr>
<td></td>
<td>Sterile (needle)</td>
</tr>
<tr>
<td>Dirty</td>
<td>Positive (test)</td>
</tr>
<tr>
<td></td>
<td>A person who is currently using substances (individual)</td>
</tr>
<tr>
<td></td>
<td>Not sterile (needle)</td>
</tr>
<tr>
<td>Addict</td>
<td>A person with substance use disorder</td>
</tr>
<tr>
<td>Alcoholic</td>
<td>A person with alcohol use disorder</td>
</tr>
<tr>
<td>Abuse</td>
<td>Drug use</td>
</tr>
<tr>
<td>Dependence</td>
<td>If diagnosed by a provider, say Opioid Use Disorder.</td>
</tr>
<tr>
<td>Former addict</td>
<td>A person in recovery</td>
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SBIRT Protocol

Consent

Pre-screen all patients

CONCERNS
Additional Screening, including UDS

TREATMENT
Initiate MAT: medication & behavioral

Follow-up care, referrals, or care integration

BRIEF INTERVENTION
Offer brief intervention or treatment behavioral and resources

Follow-up or referrals

NO CONCERNS
Affirm patient for healthy decisions

Screen annually

Family and Peer Supports
Resources: Book and Guide


- Arizona Center for Rural Health: AzMAT Mentors Resource Guide
AzMAT Mentors in Context of COVID-19

• During the pandemic, the Drug Enforcement Administration\(^1\) is responding to ensure people can get the medications they need. Please visit the DEA website for additional information:

1. Use the Opioid Assistance and Referral Line (OAR Line) 1-888-688-4222
2. Go to 211arizona.org or call Arizona 2-1-1
3. Find local Rx Drug Drop-Off Locations: Dumpthedingdrugsaz.org
4. Find Local treatment Services: findtreatment.samhsa.gov
5. Find Naloxone: spwaz.org/arizonanaloxone/
Thank You.

• We look forward to seeing you during the training.