

# AzMAT Mentors Program

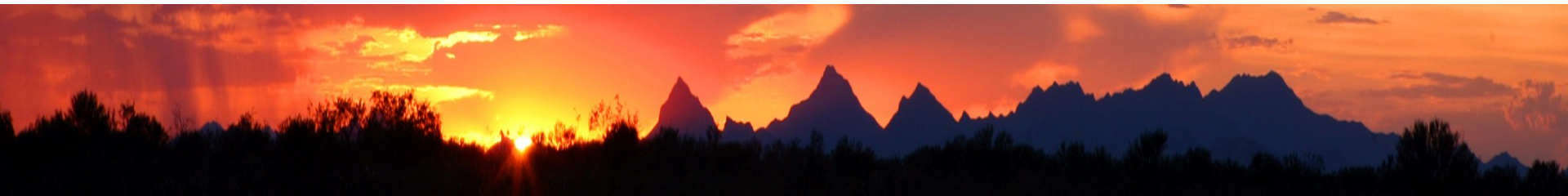
## Experienced Providers

## Pre-Training Material



THE UNIVERSITY OF ARIZONA  
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH  
Center for Rural Health

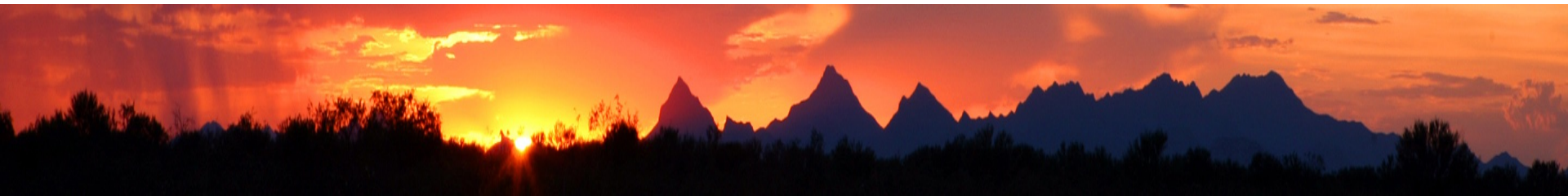
Date: September 9, 2020



# Pre-Training Objective



To provide background information on  
the AzMAT Mentors Program

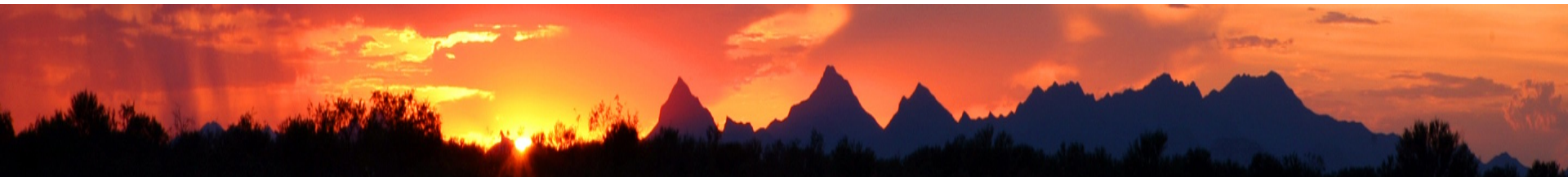


# Culturally Responsiveness Statement

Addressing challenges faced by Arizonans with substance use disorders including those who are Black, Latiné, Indigenous, Immigrants and People of Color are crucial components of research, policy, and clinical strategies that improve health equity. AzCRH connects diverse partners across Arizona, provides reliable and useful data to inform policies and programs, and assists in finding resources to support rural and underserved populations historically exploited and ignored. We pledge to expand our efforts to address racial injustices and health inequities.

Cultural responsiveness is about being open, empathetic, and engaging in lifelong self-improvement to increase our awareness of individual and structural biases. Cultural responsiveness is about how we respect individuals, families, and communities within their ecological systems.

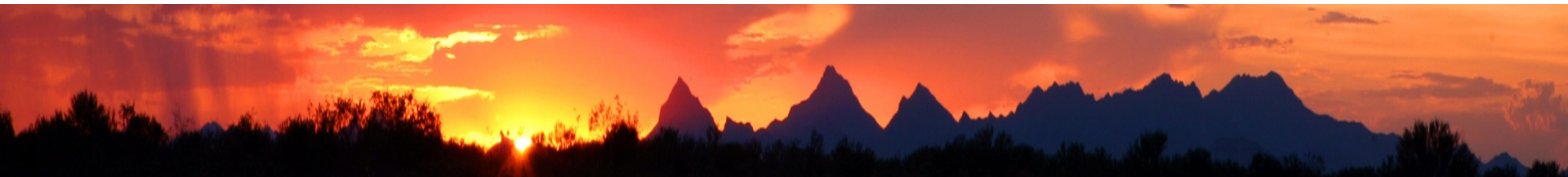
We also recognize and celebrate differences within and between cultural groups and strive to create inclusive environments for all people for whom we interact.



# Land Acknowledgement Statement

The University of Arizona sits on the original homelands of Indigenous Peoples who have stewarded this Land since time immemorial. The University of Arizona resides on ancestral lands of the Tohono O'odham and Pascua Yaqui nations, where many today continuously reside in their ancestral land. Aligning with the university's core value of a diverse and inclusive community, it is an institutional responsibility to recognize and acknowledge the People, culture, and history that make up the Wildcat community. At the institutional level, it is important to be proactive in broadening awareness throughout campus to ensure our students feel represented and valued.

For more information about Native lands which UArizona resides on, see <https://nasa.arizona.edu/>



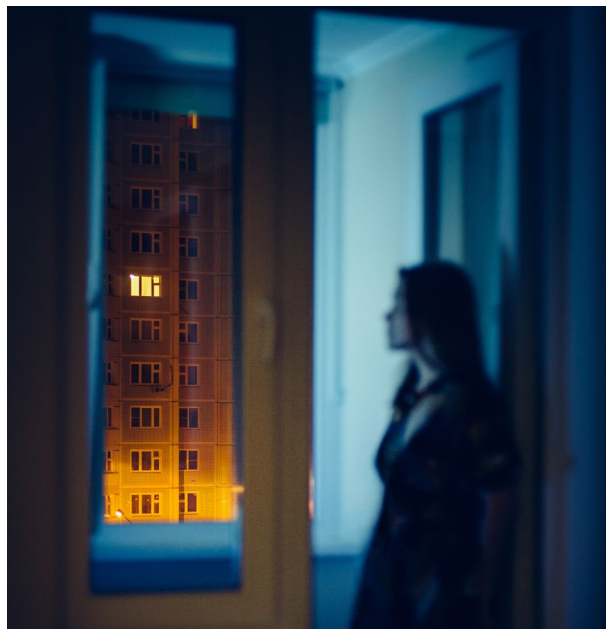
# Key Terms (1 of 2)

Term or Acronym	Definition
<b>AzMAT Mentors Program</b>	The Arizona Center for Rural Health, Arizona Medication Assisted Treatment Program
<b>Collaborators</b>	<ul style="list-style-type: none"><li data-bbox="542 572 1866 1008">• Providers with experience implementing MAT = <b>experienced providers</b>. Experienced MAT providers are Arizona licensed and DATA-waived (x-waived) and have provided MAT services for at least one year and/or treated at least 20 patients.</li><li data-bbox="542 1029 1866 1408">• Providers with less experienced implementing MAT = <b>new providers</b>. New MAT providers are Arizona licensed and DATA-waived (x-waived) and self-identify an interest to collaborate with an experienced MAT provider.</li></ul>

## Key Terms (2 of 2)

Term or Acronym	Definition
<b>Collaborative Consultation</b>	The time that the experienced and new MAT providers work together.
<b>ODD</b>	Opioid Use Disorder
<b>OTP</b>	Opioid Treatment Programs are accredited and certified to provide OUD treatments per federal requirements.
<b>Peer support specialists</b>	A person who has substance misuse experience who can support another person while they become stable, are in maintenance, or remission.
<b>SUD</b>	Substance Use Disorder
<b>UDS</b>	Urinalysis drug screening

# Arizona Providers Identified Barriers



In Arizona, waived providers report two primary concerns:

1. Lack of available mental health or psychosocial support services
2. Lack of time / cannot add more patients

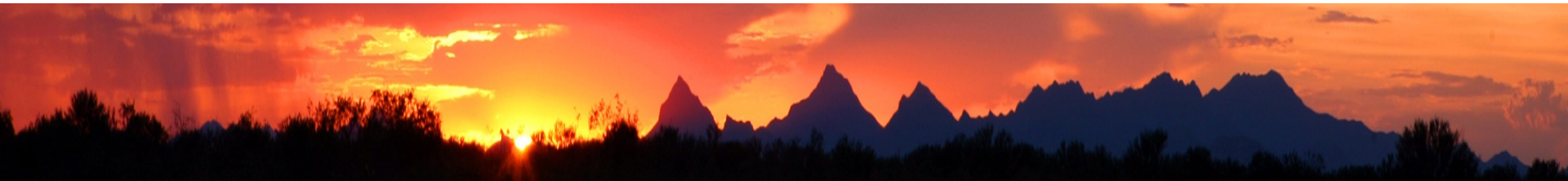


## Objective 2. AzMAT Mentors Program

**To support new medication-assisted treatment (MAT) providers to deliver MAT.**

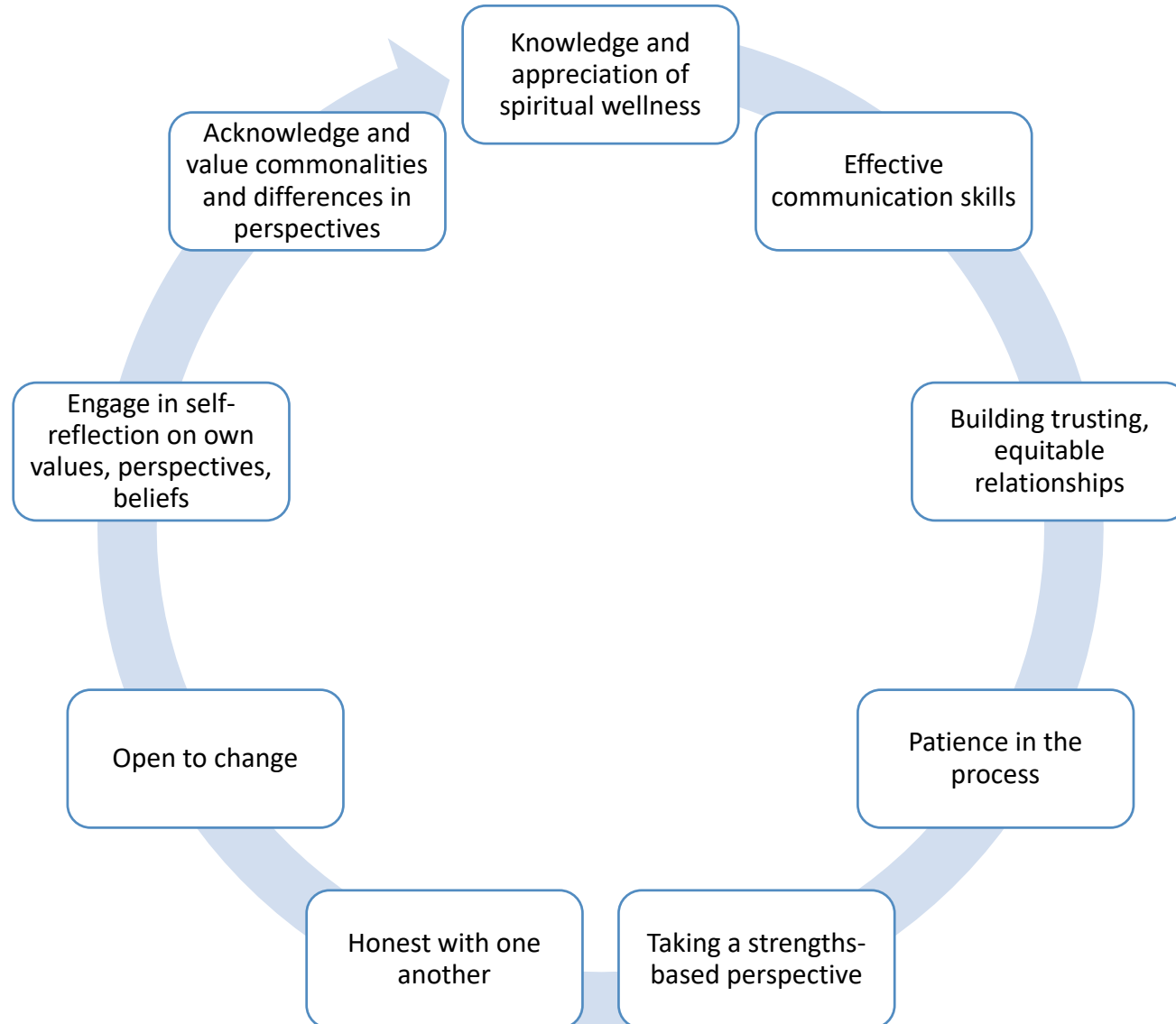
To achieve this goal, we support experienced MAT providers to **collaborate** with new MAT providers to develop and implement a MAT plan that addresses these issues:

- **Screening** for SUD/ODU
- **Providing treatments:** medications and behavioral
- **Integrating care with behavioral health** provider/refer to treatment program for more intensive care





# Attributes for Authentic Application of Two-Eyed Seeing Framework<sup>1</sup>



<sup>1</sup> Wright AL, Ballantyne GM, Jack SM et al. Using Two-Eyed Seeing in research with Indigenous people: An integrative review. *Int J Qual Methods*. 2019; 18: 1-19. <https://doi.org/10.1177/1609406919869695>

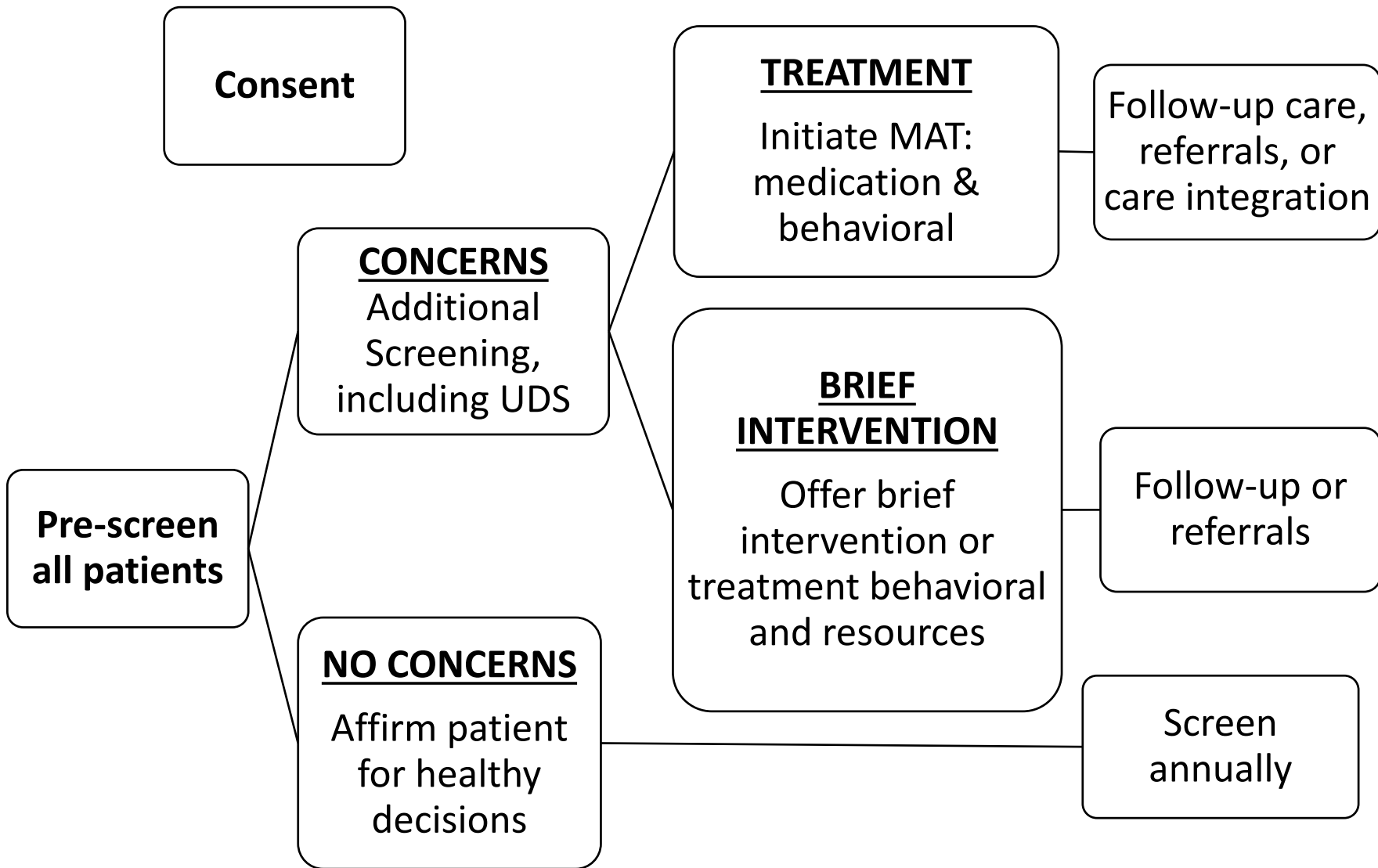
# Reduce Stigma: Change the Language

<b>Instead of these:</b>	<b>Use these:</b>
Clean	Negative (test) Not currently using substances (individual) Sterile (needle)
Dirty	Positive (test) A person who is currently using substances (individual) Not sterile (needle)
Addict Alcoholic	A person with substance use disorder A person with alcohol use disorder
Abuse Dependence	Drug use If diagnosed by a provider, say Opioid Use Disorder.
Former addict	A person in recovery

Words Matter - Terms to Use and Avoid When Talking About Addiction. National Institute on Drug Abuse website.

<https://www.drugabuse.gov/nidamed-medical-health-professionals/health-professions-education/words-matter-terms-to-use-avoid-when-talking-about-addiction> July 28, 2020

# SBIRT Protocol

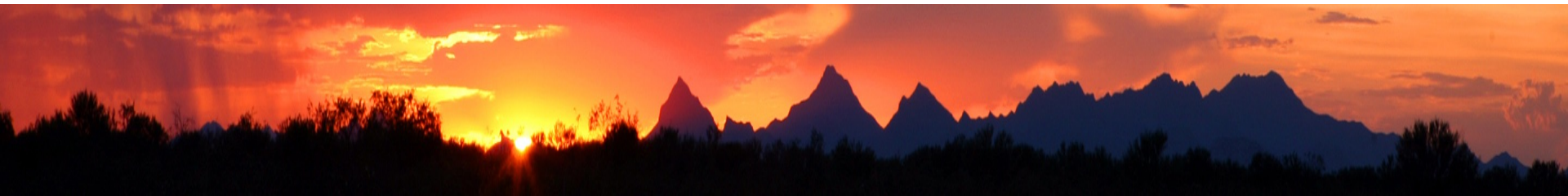


**Family and Peer Supports**

## Resources: Book and Guide



- van Dernoot Lipsky L. *Trauma stewardship: An everyday guide to caring for self while caring for others*. San Francisco, CA: Berrett-Koehler Publishers, Inc.; 2009. Please read chapter one prior to the training.
- Arizona Center for Rural Health: AzMAT Mentors Resource Guide



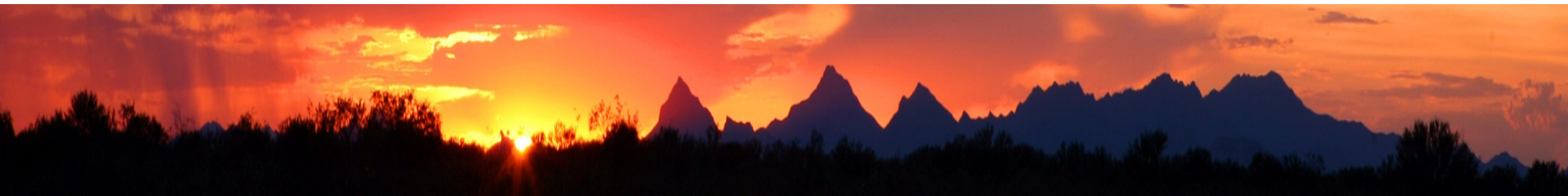
# AzMAT Mentors in Context of COVID-19

- During the pandemic, the Drug Enforcement Administration<sup>1</sup> is responding to ensure people can get the medications they need. Please visit the DEA website for additional information:

DEAs response to COVID-19. Drug Enforcement Administration website.

<https://www.dea.gov/press-releases/2020/03/20/deas-response-covid-19>.

March 20, 2020. Accessed July 28, 2020





# Community Resources in Arizona

1. Use the Opioid Assistance and Referral Line  
(**OAR Line**) **1-888-688-4222**
2. Go to **211arizona.org** or call **Arizona 2-1-1**
3. Find local Rx Drug Drop-Off Locations:  
**Dumppedrugsaz.org**
4. Find Local treatment Services:  
**findtreatment.samhsa.gov**
5. Find Naloxone: **spwaz.org/arizonanaloxone/**

# Thank You.

- We look forward to seeing you during the training.