

Save a life. Carry Naloxone.

- Call 911 if you suspect someone is having an overdose.
- After giving them Naloxone, give the person space as they can react, but do not leave them alone.
- Stay with them until help arrives.

The magnet shows three images for administering nasal naloxone and two images showing the recovery position.

Administering. The first image shows the naloxone nasal device. The second shows it inserted into the nose. The third shows the naloxone plunger being pushed to release the medicine.

Recovery position. The first recovery image shows someone rolling the person on their side. The second image shows the person on their side with their opposite side arm under their head and the other arm facing up. The same side leg is stretched out and the opposite side leg is angled to prevent them from rolling on their back.

How to give Naloxone (Nasal)



Recovery Position



CALL 911.

Open Naloxone.

Give Naloxone.

Slowly insert the nozzle into the nostril and press the plunger.

Monitor the person.

If no improvement after 2-minutes, give more naloxone. If improvement, put into the **recovery position** and give them space.

Keep an eye on them and wait for help to arrive.

Make sure they are not left alone.

For more go to: aznaloxone.org



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There are a number effective prevention, harm reduction, treatment, and recovery resources available in Arizona, including:

- Go to 211arizona.org to get information on community services in Arizona.
- **Arizona Opioid Assistance & Referral Line:** 1-888-688-4222 connects individuals with local support for opioid use and substance use disorder.
- **Naloxone can save a life by reversing and overdose.** Find Naloxone here: aznaloxone.org provides information on free or reduced Naloxone locations.
- **Arizona Center for Rural Health > AzCRH Programs > Naloxone Trainings**
<https://crh.arizona.edu>



Medical Disclaimer: The information on this magnet is designed for educational purposes only. This information does not substitute, nor does it replace, the advice of a medical professional, including diagnosis or treatment. Always seek the guidance of a qualified health professional with questions you may have regarding any medical condition. Naloxone can and should be administered if you think someone is overdosing.



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