

Bridget S. Murphy, DBH, M.Ed.
Curriculum Vitae
As of 05/19/2022

Current Affiliations, Titles, Pronouns

Center for Rural Health (CRH)

The University of Arizona
Mel & Enid Zuckerman College of Public Health

Comprehensive Pain and Addiction Center (CPAC)

The University of Arizona
Health Sciences

Health Promotion Sciences (HPS)

The University of Arizona
Mel & Enid Zuckerman College of Public Health

Research Program Administration Officer II

Instructor

520-343-3046

bridget@arizona.edu

Pronouns: she/her/ella

Education

Pima Community College Tucson AZ United States

No Degree Issued

Major Field: General Studies

Jones International University Centennial, CO United States

Bachelor's Degree: 12/2004

Major Field: Business Communications, Magna Cum Laude

Northern Arizona University Flagstaff, AZ United States

Master's Degree: 08/2007

Major Field: Education: Counseling-Human Relations, With Distinction

Arizona State University Tempe AZ United States

Doctorate Degree: 05/2020

Major Field: Behavioral Health Management

Culminating Project Title: *Improving staff effectiveness, efficiency, and knowledge of health information exchange.*

Doctoral Chair. Christine Borst, PhD

Employment:

Amity, Inc.

Multiple titles (approximate dates) 11/1988-01/1997

National Development and Research Institute

Evaluation Coordinator 01/1997 - 03/1998

Southwest Institute for Research on Women, University of Arizona,
College of Social and Behavioral Sciences Associate Research Professor &
Director of Adolescent Services & Research

01/1998 - 12/2011

Independent Consultant

12/1999-12/2014

Innovations, Quality, and Outcomes, LLC

Senior Partner/Owner 07/2011 - 10/2013

JBS International

Technical Expert Lead 01/2012 - 07/2013

Danya International, Inc.

Training and Technical Assistance Specialist 12/2013-09/2014

School of Social Work, Regional Research Institute,
Reclaiming Futures Portland State University
Program and Policy Analyst

02/2015-08/2017

Health Promotion Sciences, University of Arizona
Mel & Enid Zuckerman College of Public Health
Program Coordinator

11/2017-12/2019

Health Promotion Sciences, University of Arizona
Mel & Enid Zuckerman College of Public Health
Instructor/ Research Program Administration Officer II

08/2019 - current

Arizona Center for Rural Health, University of Arizona,
Mel & Enid Zuckerman College of Public Health
Research Program Administration Officer II 12/2019-current

Comprehensive Pain and Addiction Center,
University of Arizona Health Sciences
Research Program Administration Officer II 08/2020-current

Honors and Awards

- Outstanding Staff Member. Nominated. University of Arizona: College of Social and Behavioral Sciences, 2002.
- Lambda Pi Eta. Communications Honors Society, 2003-2004.
- Outstanding Staff Member. Award Recipient. University of Arizona: College of Social and Behavioral Sciences, 2005.
- Outstanding Volunteer. Tucson Interfaith HIV/AIDS Network, 2007.
- Ten years of consecutive service to The University of Arizona. Service Award, 2008.
- Honored to Recognize. Collaboration for Student Substance Abuse Treatment. Tucson Unified Schools. Annual Recognition Event, 2009.
- Community Health Leaders. Nominated. Sponsored by Robert Wood Johnson Foundation, 2010.
- Fifteen years of service to The University of Arizona. Service Award, 2018.

Licensure

Licensed Independent Substance Abuse Counselor,
Arizona Board of Behavioral Health 2004-2013

Service/Outreach (current rank)

Local/State Outreach

- Member (2020-current). Hepatitis C Elimination Advisory Group. Sponsored by Arizona Department of Health Services
- Substitute reader (2019-2020). Sun Sounds of Arizona.

National/International Outreach

None.

Department Committees

None.

College Committees

- Member (2022-current) Committee on Diversity and Inclusion. Mel & Enid Zuckerman College of Public Health
- Member (2020-2021) Pain and Addiction Curriculum. College of Medicine.

University Committees

None.

Other Committees

None.

Publications/Creative Activities

Chapters in Scholarly Books

1. Stevens SJ, Arbiter N, Mullen R, **Murphy BS**. Issues and intervention: Substance abuse treatment for adolescents using a modified therapeutic community model. In McCoy CB, Metsch LR, Inciardi JA, eds. *Intervening with Drug Involved Youth*. Sage Publications; 1996: 156-170.
2. Stevens SJ, Hasler J, **Murphy BS**, et al. La Cañada adolescent treatment program: Addressing issues of drug use, gender and trauma. In Stevens SJ, Morral A, eds. *Adolescent Substance Abuse Treatment in the United States*. The Haworth Press; 2003: 183-209.

Referred Journal Articles

1. **Murphy BS**, Stevens SJ, McGrath RA, Wexler HK, Reardon D. Women and violence: A different look. *Drugs Soc.* 1988; 13(1/2): 131-144. doi: https://doi.org/10.1300/J023v13n01_08
2. Stevens SJ, **Murphy BS**, McKnight K. Traumatic stress and gender differences in relationship to substance abuse, mental health, physical health, and HIV risk behavior in a sample of adolescents enrolled in drug treatment. *Child Maltreat.* 2003; 8(1): 46-57. doi: <https://doi.org/10.1177/1077559502239611>
3. Stevens S, Estrada B, **Murphy BS**, McKnight KM, Tims F. Gender differences in substance use, mental health, and criminal justice involvement of adolescents at treatment entry and at 3, 6, 12, and 30-month follow-up. *J. Psychoact. Drugs.* 2004; 35(1): 13-25. doi: 10.1080/02791072.2004.10399720

4. Rosser RA, Stevens SJ, **Ruiz (Murphy) BS**. (2005). Cognitive marker of adolescent risk taking: A correlate of drug abuse in at-risk individuals. *Prison J.* 2005; 85(1): 83-96. doi: <https://doi.org/10.1177/0032885504274292>
5. **Ruiz (Murphy) BS**, Stevens SJ, McKnight K, Godley S, Shane P. Treatment issues and outcomes for juvenile justice involved youth from rural and nonrural areas. *Prison J.* 2005; 85(1): 97-121. doi: <https://doi.org/10.1177/0032885504274295>
6. Stevens S, **Ruiz (Murphy) B**, Bracamonte Wiggs C, Shea M. Intensive home-based treatment for children and adolescents: A promising alternative to residential and hospital care. *Child Fam Behav Ther.* 2006; 28(4): 39 – 58. doi: 10.1300/J019v28n04_03
7. Stevens S, Schwebel R, **Ruiz (Murphy) B**. Seven Challenges: An effective treatment for adolescents with co-occurring substance abuse and mental health problems. *J Soc Work Pract Addict.* 2007; 7(3): 29- 49. doi: https://doi.org/10.1300/J160v07n03_03
8. Cousins J, Bootzin RR, Stevens SJ, **Ruiz (Murphy) B**, Haynes PL. Parental involvement, psychological distress, and sleep: A preliminary examination in adolescents with a history of substance use. *J Fam Psychol.* 2007; 21(1): 104-113. doi: 10.1037/0893-3200.21.1.104
9. Stevens SJ, Haynes PL, **Ruiz (Murphy) BS**, Bootzin RR. Effects of a behavioral sleep medicine intervention on trauma symptoms in adolescents recently treated for substance abuse. *Subst Abus.* 2007; 28(2): 21-31. doi: 10.1300/J465v28n02_04
10. **Ruiz (Murphy) B**, Hedges K, Greene A, et al. School and community counseling collaboration: A promising approach to address youth substance abuse. *School Counseling Research and Practice.* 2009; 1, 21-30.
11. **Ruiz (Murphy) B**, Stevens S, Furhiman J, Bogart J, Korchmaros JD. A juvenile drug court model in southern Arizona: Substance abuse, delinquency, and sexual risk outcomes by gender and race/ethnicity. *J. Offender Rehabil.* 2009; 48(5): 416-438. <https://doi.org/10.1080/10509670902979637>
12. Stevens S, Andrade RAC, **Ruiz (Murphy) BS**. Women and substance abuse: Gender, age, and cultural considerations. *J. Ethn. Subst.* 2009; 8: 341-358. doi: 10.1080/15332640903110542

13. **Ruiz (Murphy) B**, Korchmaros J, Greene A, Hedges K. Evidence-based substance abuse treatment for adolescents: Engagement and outcomes. *Practice Social Work in Action*. 2011; 23(4): 215-233. <https://doi.org/10.1080/09503153.2011.597207>
14. **Murphy BS**, Branson CE, Francis J, Chase Vaughn G, et. al. Integrating adolescent substance abuse treatment with HIV services: Evidence-based models and baseline descriptions. *J Evidence-Based Social Work*. 2014; 11(5): 445-459. doi: 10.1080/15433714.2012.760968
15. Nuño V, Wertheim BC, **Murphy BS**, Wahl RA, Roe DJ. Testing the efficacy of the Nurtured Heart Approach to reduce ADHD symptoms in children by training parents: Protocol for a randomized controlled trial. *Contemp Clin Trials Commun*. 2019; 13: 1-6. <https://doi.org/10.1016/j.conctc.2018.100312>
16. Nuño VL, Wertheim BC, **Murphy BS**, Glasser H, Wahl RA, Roe DJ. The online Nurtured Heart Approach to parenting: A randomized study to improve ADHD behaviors in children ages 6-8. *Ethical Hum Psychol Psychiatry*. 2020; 22(1): 31-48. doi: 10.1891/EHPP-D-20-00013

Other Recent Scholarship

1. **Murphy BS**. *Improving staff effectiveness, efficiency, and knowledge of health information exchange*. Arizona State University, 2020.
2. Derksen D, Akmajian P, Attakai A, et al. AzCRH annual report FY 2019-2020. University of Arizona Center for Rural Health, 2020. <https://crh.arizona.edu/publications/crh-annual-report/2019-20>
3. Derksen D, Akmajian P, Attakai A, et al. AzCRH annual report FY 2020-2021. University of Arizona Center for Rural Health, 2021. <https://crh.arizona.edu/publications/crh-report/3044>
4. **Murphy BS**, Mendivil E, Brady, B. et al. AzMAT Mentors resource guide, version 2. University of Arizona Center for Rural Health, 2021. https://crh.arizona.edu/sites/default/files/pdf/20211026_ResourceGuide-v.2_508.pdf
5. Caudillo M, **Murphy B**. Overcoming barriers to Medication Assisted Treatment (MAT) for substance and opioid use disorder (SUD/OD): Resources and strategies. University of Arizona Center for Rural Health, 2021. <https://crh.arizona.edu/sites/default/files/pdf/publications/substance-abuse/20211025-Brief%20on%20Gaps%20for%20MAT.pdf>

Works in Progress

1. **Murphy B**, Kinsella C, Padilla A, SantaMaria B, Clichee D, Gutierrez A, & Francis J. *The Arizona Opioid Stewardship Program rural hospital implementation strategy guide: Emergency department and inpatient acute care*, Health Services Advisory Group, 2022.

Media

1. **Murphy BS**, Weiksner M, Glenn M. *AzMAT Mentors Program. Experienced provider training*. Panopto Recording. The University of Arizona, Center for Rural Health. 2021.

Conferences/Scholarly Presentations (current rank)

1. Nuño VL, **Murphy BS**. Nurtured Heart Approach to parenting to improve attention and hyperactivity/impulsivity in children. Lecture. Presented at the Arizona Center for Rural Health online seminar series; 2021 Apr. Tucson, Arizona. Invited.
2. Kinsella C, **Murphy B**. Opioid stewardship assessment program for Arizona critical access hospitals (CAHs). To be presented at the Arizona Center for Rural Health annual conference; 2022 Jun. Flagstaff, Arizona. Submitted.

Awarded Grants and Contracts

Federal/State

Comprehensive Residential Drug Prevention and Treatment Project for Substance Abusing Women and their Children, 1993 to 1998

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration.

Description: Project staff evaluated the effectiveness of gender-specific therapeutic community for pregnant and parenting women.

Role: Evaluation Coordinator

La Cañada Adolescent Research Study, 1998 to 2001

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration.

Description: Project staff evaluated the effectiveness of three substance use disorder treatment programs (step-down residential, outpatient, juvenile drug court).

Role: Research Specialist

HIV Treatment Expansion Adolescent Study, 1999 to 2004

Funded by: Substance Abuse and Mental Health Services Administration via CODAC Behavioral Health

Description: Project staff evaluated an HIV intervention for adolescents in residential and outpatient treatment.

Role: Research Specialist/Research Specialist Senior

La Cañada Adolescent Treatment Research Study - Persistent Effects of Treatment Study for Adolescents, 2001 to 2004

Funded by: Substance Abuse and Mental Health Services Administration via Westat.

Description: Project staff conducted 24- and 30-month follow up interviews with adolescents that received residential substance use disorder treatment.

Role: Research Specialist/Research Specialist Senior

Youth Empowerment Project (YEP), 2001 to 2004

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration.

Description: Project staff implemented an intervention that blended HIV/STD and substance use prevention curriculum for youth and families enrolled in two alternative schools.

Role: Research Specialist/Research Specialist Principal

Conexiones Sanas, 2002 to 2007

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Service Administration.

Description: Project staff implemented and evaluated a culturally appropriate HIV/AIDS, and sexually transmitted infections (STI) intervention for adolescents in residential and outpatient substance use disorder treatment in two of the highest populated Arizona counties.

Role: Research Specialist, Senior/Evaluator

Pulse for Life, 2003 to 2004

Funded by: Department of Health and Human Services, Substance Abuse and Mental Health Services Administration via Southern Arizona AIDS Foundation

Description: Project staff implemented and evaluated prevention efforts for reducing HIV/AIDS and club drug usage for men who have sex with men (MSM) and gay men.

Role: Research Specialist/Research Specialist Senior

Cornerstone: Gender Specific Sexual Health Curriculum for Adolescents, 2005 to 2008

Funded by: Community Partnership of Southern Arizona via Arizona's Children Association

Description: Project staff developed and implemented a sexual health program for adolescents in outpatient treatment.

Role: Research Specialist Principal/Associate Research Professor

Increasing Alcohol and Other Drug Treatment within a University Health Services Center - Project CHAT, 2005 to 2008

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration

Description: Project staff implemented and evaluated a screening, brief intervention, and referral to treatment (SBIRT) for college students seeking services at campus health.

Role: Research Specialist Principal

Integrating Individual and Environmental Strategies to Prevent High-Risk Drinking Among First Year Students - Project Shade, 2005 to 2007

Funded by: The United States Department of Education

Description: Project staff integrated individual and environmental strategies into prevent high-risk drinking among first-year college-aged students utilizing in-person and online delivery methods.

Role: Research Specialist Principal

AZTEC Middle College, 2005 to 2008

Funded by: United States Department of Education via Pima County Superintendents Office

Description: Provided evaluation consultation for the AZTEC Middle College located on four community college campuses in Tucson, Arizona. Consultation services included collaborating to develop evaluation plan, analyses of academic data, report generation, presentation of findings.

Role: Evaluation Consultant

Project DAP-An HIV and Substance Abuse Relapse Prevention Project, 2006 to 2011

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Service Administration.

Description: Project staff implemented and evaluated interventions aimed at reducing sexual risk behaviors and substance use relapse for youth and their caregivers in urban and rural locations.

Role: Principal Investigator/Project Director

Proyecto de las Las Mariposas, 2006 to 2009

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Service Administration.

Description: Project staff implemented and evaluated evidence-based substance abuse treatment and continuing care interventions for adolescents and their caregivers.

Role: Principal Investigator/Project Director

HerStory to Health, 2007 to 2012

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Service Administration.

Description: Project staff implemented and evaluated an intervention aimed at reducing HIV and other sexually transmitted infections for women in substance use disorder treatment.

Role: Evaluator

Las Rosas: A Recovery Oriented System of Care for Adolescent Girls, 2008 to 2011

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Service Administration.

Description: Project staff designed, implemented, and evaluated a recovery-oriented systems of care approach for adolescent girls and their caregivers. Three evidence-based approaches were implemented including The Sanctuary Model, Seeking Safety, and the Southwest Institute for Research on Women's Sexual Health Education (SIROW-SHE). A recovery-oriented systems of care consortium use evaluation data to inform state and community policy for identifying barriers and expanding services to adolescent girls.

Role: Principal Investigator/Project Director

Technical Assistance Services SAMHSA/CSAT Division of Services Improvement Activities and Its Grantees, 2009 to 2011

Funded by: Substance Abuse and Mental Health Service Administration (SAMHSA) via JBS International.

Description: Staff developed and implemented the 2010 Joint Meeting on Adolescent Treatment Effectiveness - a national meeting that addressed treatment for youth substance use disorders.

Role: Principal Investigator/Project Director

Recovery Support Services for Adolescents and Families, 2009 to 2011

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration via Chestnut Health Systems.

Description: This multisite project tested the effectiveness of three recovery support services for adolescents leaving residential substance abuse treatment. The recovery supports tested included (1) telephone support, (2) recovery-oriented social networking site, and (3) family supports.

Role: Associate Research Professor

Conference Enhancement Grant, 2010 to 2011

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration.

Description: Project staff enhanced the number of sessions at 2010 Joint Meeting on Adolescent Treatment Effectiveness that specifically addressed trauma, family involvement, and culture.

Role: Principal Investigator/Project Director

Evidence Based Models that Address Trauma and Substance Use Disorder for Adolescents and Transitional-Aged Youth: Literature Review, 2011 to 2011

Funded by: Substance Abuse and Mental Health Service Administration (SAMHSA) via JBS International.

Description: Project staff conducted a literature review of evidence-based models for treatment substance use disorders and trauma symptoms for adolescents and transitional-aged youth.

Role: Principal Investigator/Project Director

Reclaiming Futures Training and Technical Assistance, 2015 to 2017

Funded by: Office of Juvenile Justice and Delinquency Prevention

Description: Staff provided training and technical assistance to juvenile justice jurisdictions implementing the Reclaiming Futures approach and model.

Role: Program and Policy Analyst

Arizona Medication Assisted Treatment Mentors (AzMAT Mentors Program), 2019-current

Funded by: Department of Health and Human Services-Substance Abuse and Mental Health Services Administration via Arizona Department of Health Services

Description: Staff connect experienced MAT providers (mentors) with less experienced MAT providers (mentees) to offer training and support with the purpose of increasing capacity for providing substance use disorder services in Arizona.

Role: Co-Investigator/Research Program Administration Officer II

Prescription Drug Overdose Prevention Program (PDO), 2020-current.

Funded by: Department of Health and Human Services – Centers for Disease Control and Prevention via Arizona Department of Health Services

Description: Collaborate with community partners and coalitions to address substance use issues in rural Arizona.

Role: Co-Investigator/Research Program Administration Officer II

Project Arizona Rural Opioid Response Implementation (AzRORI), 2020-current.

Funded by: Department of Health and Human Services-Health Resources and Services Administration via Arizona Alliance for Community Health Centers.

Description: Provide professional training and resources to address substance use disorders/opioid use disorders in three rural Arizona counties.

Role: Research Program Administration Officer II

Industry

Providence Evaluation Study, 1998 to 2003

Funded by: Providence Service Corporation

Description: Project staff evaluated Providence Service Corporations substance use treatment and child welfare programs in Arizona and Oklahoma.

Role: Instructional Specialist/Evaluation Consultant

StrengthBuilding Partners, 2001 to 2011

Funded by: Multiple sources

Description: Provided consultation services to evaluate StrengthBuilding Partners private and publicly funded programs including their training and coaching, school-based mentoring, and business programs.

Role: Evaluation Consultant

Foundations/Associations

Project PITCH, 2004 to 2005

Funded by: The Association of American Colleges and Universities (AAC&U)

Description: Project staff facilitated a student development project to encourage girls to pursue science and technology education. Students created an evaluation assessment, conducted interviews, developed databases, and presented findings in health (teenage pregnancy).

Role: Research Specialist Senior/Research Specialist Principal

Screening, Brief Intervention, and Referral to Treatment – Juvenile Justice Involved Youth and Families, 2014 to 2017

Funded by: Conrad N. Hilton Foundation

Description: Staff designed, trained, implemented, and evaluated screening, brief intervention, and referral to treatment services in five county jurisdictions in five states.

Role: Program and Policy Analyst

Nurtured Heart Approach Study, 2017 to 2019

Funded by: UA Foundation

Description: Staff conducted a randomized controlled trial to test the efficacy of the Nurtured Heart Approach – a parent training to help reduce intense (problematic) behavioral issues such as those related to attention deficient/hyperactivity disorder (ADHD).

Role: Program Coordinator

Courses Instructed & Other Student Support

Courses Instructed

1. Instructor. HPS 306. Drugs and Society. Fall 2019. 96 students enrolled.
2. Instructor. HPS 306. Drugs and Society. Fall 2020. 112 students enrolled.
3. Instructor. HPS 306. Drugs and Society. Spring 2021. 116 students enrolled.
4. Instructor. HPS 491. Preceptorship – Independent Study. Spring 2021. 1 student enrolled.
5. Instructor. HPS 306. Drugs and Society. Fall 2021. 103 students enrolled.

6. Instructor. HPS 306. Drugs and Society. Spring 2022. 92 students enrolled.

Other Student Support

1. Honors Project. W.A. Franke Honors College. Fall 2019. 1 student.
2. Honors Project. W.A. Franke Honors College. Fall 2020. 1 student.
3. Preceptor. EPID 909. Master's in Public Health Applied Epidemiology - Internship. Spring/Summer 2021. 1 student enrolled.
4. Honors Project. W.A. Franke Honors College. Fall 2021. 1 student.
5. Honors Project. W.A. Franke Honors College. Spring 2022. 1 student.