## PROGRAM SUMMARY

CDC COVID-19 Health Disparities Grant

#### **Key Impacts:**



Public health professionals learned about public health fundamentals in a unique, hands-on training environment to better meet the specific health-service needs of their communities following the COVID-19 public health emergency.



#### **AHEAD Team**



# Public Health Fundamentals Training Description of Program:

The Arizona Advancing Health Equity, Addressing Disparities (AHEAD) team developed a Public Health Fundamentals two-day training program to introduce public health concepts to public health professionals. This training reviews foundational concepts in public health, including the primary goals and related topics. The training is designed to be a hands-on learning experience, with practical skills that can be used when working with people in the community. Learning modules include:

- ► Introduction to Public Health
- ► Elements of a Health Community
- ► Introduction to Cultural Humility
- ► Health Boundaries, Health Insurance Portability and Accountability (HIPAA)
- ► Trauma Informed Care
- ► Crisis Intervention

#### **Program Goals:**

Support workforce capacity-building efforts of County and Tribal Health Departments; Prepare health navigators, community health workers, public health nurses, program coordinators, etc., with best concepts and practices to promote health and wellness in rural communities across Arizona.

## **CDC COVID-19 Health Disparities Grant Strategies:**

**Strategy 1:** Expand existing and/or develop new mitigation and prevention resources and services to reduce COVID-19-related disparities among populations at higher risk and that are underserved.

**Strategy 4:** Mobilize partners and collaborators to advance health equity and address social determinants of health as they relate to COVID-19 health disparities among populations at higher risk and that are underserved.







- ► Implemented five trainings for 89 health professionals across three departments:
  - Pima County Health Department (3 trainings)
  - Tohono O'odham Nation
  - Coconino County Health and Human Services
- Collaborated with Western Regional Public Health Training Center (WRPHTC) to create an online course site on the Moodle platform, providing attendees access to all training material.
- ▶ Developed a comprehensive directory of 685 available social and health services in Pima County to facilitate the work of health navigators and community health workers addressing social and structural determinants of health and supports health equity.





## Stepping into the future:

The Public Health Fundamentals Training materials will be housed at the Western Regional Public Health Training Center (WRPHTC) for the UArizona community and public.

Pima County Health Department is exploring funding opportunities to continue providing this program as part of newstaff onboarding.

## Partnerships developed or strengthened:



# Pima County Health Department Tohono O'odham Nation

**Coconino County Health and Human Services** 

Primary

## **Health Equity SDOH Primary Area of Impact:**

Secondary

Education

Employment

**Health Systems and Services** 

Tertiary

Housing Income and Wealth

Physical Environment
Public Safety
Social Environment
Transportation



