### ARIZONA 50<sup>TH</sup> ANNUAL RURAL HEALTH CONFERENCE FLAGSTAFF AZ. JUNE 4-5, 2024 ENVIRONMENTAND HEALTHIN RURALARIZONA: INITIATIVES AND OPPORTUNITIES

Amanda Aguirre, President & CEO Regional Center for Border Health, Inc.



**°**"Committed to improving the quality of life of the residents along the **U.S.-Mexico Border** and increasing the accessibility to quality training and affordable healthcare"

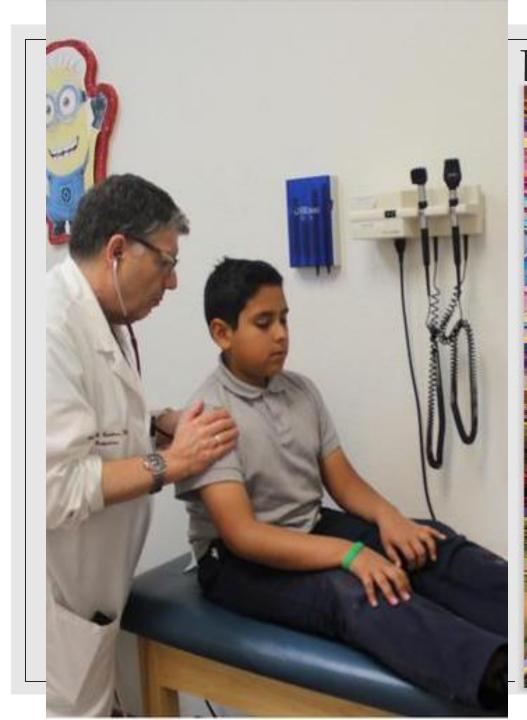
# San Luis Walk-In Clinic, Inc. Integrated Behavioral Health Services



#### **Patient-Centered Medical Home**

"A Medical Home is defined as primary care that is accessible, continuous, comprehensive, family centered, coordinated, compassionate and culturally effective".





### Healthy Mind Healthy Body

#### How to Manage Your Anxiety During COVID-19

Practical tips to help you be confident during the pandemic

A mental health series provided by





Reaching out to Distressed Rural Communities and Increasing Access to Affordable Healthcare









### No Contamine/Don't Trash La Frontera Illegal Dumping Prevention



Brought to you by The International Alliance No Contamine, Don't trash la frontera, Illegal Dumping Prevention EPA Region 9 Border 2012, BECC-COCEF and The Regional Center for Border Health, Inc. www.rcfbh.org



### AFTER



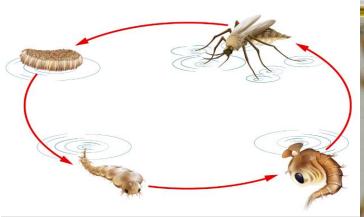


**CLEAN UP CAMPAIGN** September 14-17, 2009 Orange Grove, Somerton, Az. **ORGANIZATIONS PARTICIPATING** • Regional Center for Border Health, Inc. • City of Somerton Public Works. ° Bureau of Land Management. ° Arizona Department of Corrections. ° City of San Luis Police Department. ° Yuma County Public Works. ° Cocopah Indian Tribe.



### Mosquitos

Dawn H. Gouge, Shujuan Li, Shakunthala Nair, Maureen Brophy, Kathleen Walker, Pedro Andrade-Sanchez.



Cómo controlar los mosquitos y enfermedades relacionadas 1. Drene o trate el agua estancada.





 Los mosquitos
transmiten la fiebre del Nilo Occidental (West Nilo Fever)



THE UNIVERSITY OF ARIZONA Agriculture, Life & Veterinary Sciences & Cooperative Extension Brown dog ticks live around the home and lay eggs in cracks and crevices

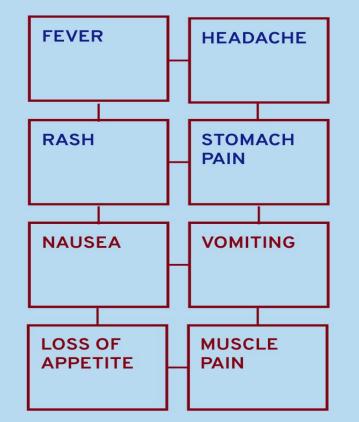
### PREVENT TICKS: REMOVE UNUSED ITEMS AROUND THE HOME



Reducing tick breeding sites **inside** and **outside your home** is a great way to **reduce ticks** in your area. It stops female ticks from finding spots to lay thousands of eggs.

- 1. Discard old furniture, mattresses, & trash
- 2. Remove tall grasses, brush, & leaf litter around home
- 3. Stack wood neatly away from the home
- 4. Discourage unwelcome animals from entering your yard

IF YOU HAVE...



# SEE YOUR DOCTOR

RMSF can be **DEADLY** if left untreated, but is easily treated with antibiotics.





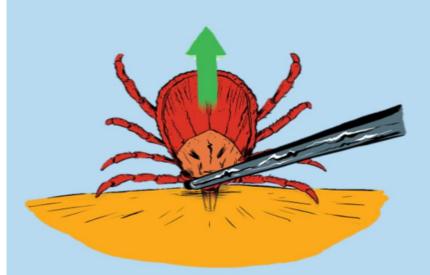




#### A BROWN DOG TICK BITE CAN TRANSMIT RMSF

- You CAN prevent tick bites
- You can NOT get RMSF from dogs
- You can **NOT** get RMSF from another person





#### HOW TO REMOVE A TICK

1. Use tweezers to grasp tick close to your skin

2. Gently pull straight up

**3. Discard tick- DO NOT crush it between fingers** 

4. Wash the bite with soap and water, or disinfect the area with rubbing alcohol



THE UNIVERSITY OF ARIZONA COLLEGE OF AGRICULTURE & LIFE SCIENCES Entomology

M. Brophy

#### Protecting yourself and your family from ROCKY MOUNTAIN SPOTTED FEVER







# CLEAN UP CAMPAIGN Golfo de Santa Clara, Son. October 31, 2009









GROUPS OF VOLUNTEERS

El Colfo de Santa Clara

2 MILES OF COASTLINE

MACHORRO

# ORGANIZATIONS

#### ARIZONA

- Regional Center for Border Health, Inc.
- EPA
- BECC/ COCEF
- ° City of San Luis, Az.
- ° City of Somerton, Az.
- Cocopah Indian Tribe
- Pasquinelli Produces Co.

#### **SONORA**

- 25 Ayuntamiento, SLRC
- CANACO
- CESUES
- MUSECAL
- Instituto Kino
- Pentatlón SLRC
- Manos que Ayudan
- 5 Amigos RV Park
- PRONATURA
- Desarrollo Urbano y Ecología
- Desarrollo Económico y Turismo.
- Protección Civil.

### **International Alliance**

"No Contamine / Don't Trash La Frontera"



# TOTAL PROGRAM ACCOMPLISHMENTS

CLEANUP CAMPAIGN							
Cleanup Campaigns	6						
Tons of Trash / Tires	<u> 176.68 Tons / 599 Tires</u>						
EDUCATIONAL CAMPAIGN							
Train-The-Trainers	6						
Trainers	133						
Persons Reached	<u>11886</u>						
VOLUNTEERS							
Volunteers	474						
Organizations	68						



INTERNATIONAL ALLIANCE "NO CONTAMINE / DON'T TRASH LA FRONTERA" ACCOMPLISHMENTS

176.68 Tons of Trash were collected599 Tires were collected

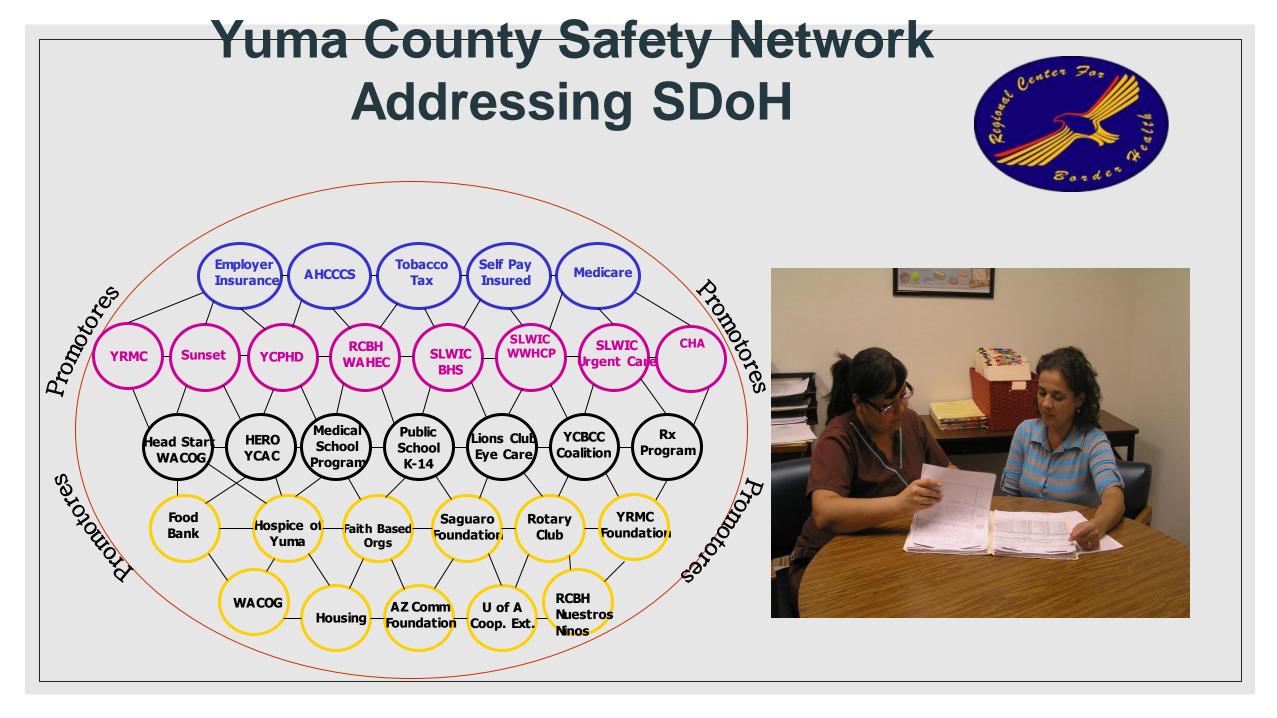
°325 Volunteers participated°28 Organizations

# **NEXT STEP TO FOLLOW**

 Establish a community outreach program by working with a cadre of Promotores de Salud trained on environmental health education for the prevention of environmental contamination.

 10,000 elementary school children from both sides of the border.







"Nuestros Niños" "Our Children" Community Outreach Door-to-Door Annual Census Campaign

- Community Outreach home visits (SDoH) and <u>Children's</u> <u>Immunization Campaign</u>
- ED and Hospital Discharge and Team coordination
- Environmental Issues

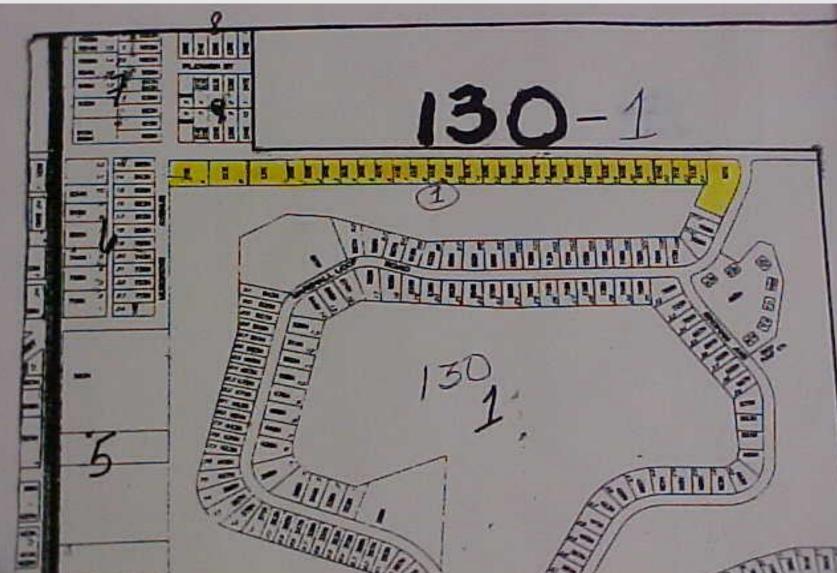
# Community Outreach Efforts



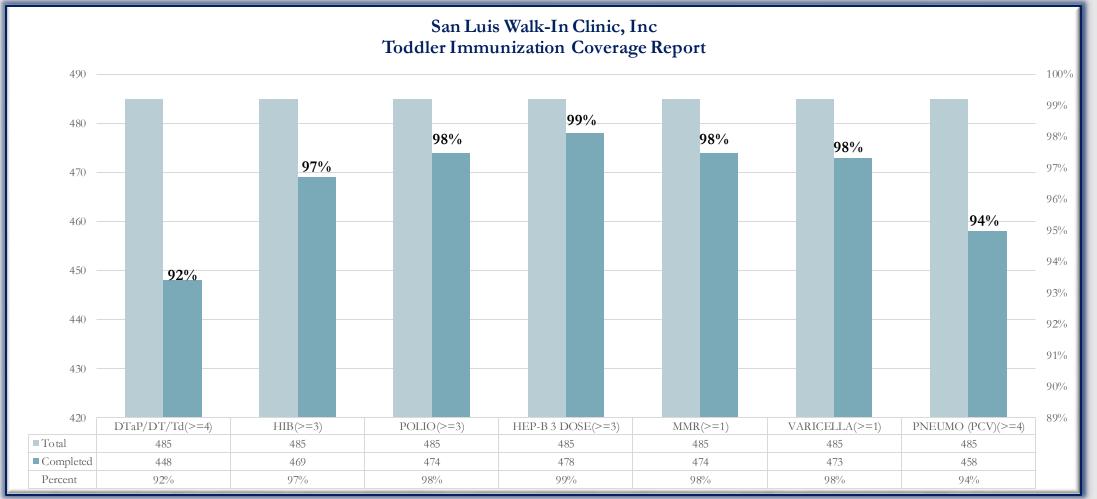
#### "Our Children/Nuestros Ninos" Community Health Census and Outreach Campaign

- Identify families in need of social health services, provide referrals an
- d assist the families in accessing services.
- Inform families about the various resources that are available through our agency as well as in the community.
- Identify children under the age of five with incomplete immunization schedules
- Identify pregnant women without prenatal care

# Somerton, AZ AGEBs (1998) Geo Statistic Basic Area











AN INTER-PROFESSIONAL APPROACH TO COMMUNITY BASED PARAMEDIC PROJECT ADDRESSING SOCIAL DETERMINANTS

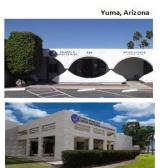
# Challenges and opportunities in reaching patients in rural communities







Kingman, Arizona















#### AZCHER Arizona Coalition for Healthcare Emergency Response

Northern and Western Regions Statewide Logistics Manager Arizona Coalition for Healthcare Emergency Response Arizona Hospital and Healthcare Association

Operations & Logistics Specialist Yuma County Health District Public Health Emergency Preparedness & Response



# Regional Center for Border Health, Inc Cooling Places in South County, Yuma

San Luis Walk-In Clinic, Inc.	950 Building A and B E. M ain St.	Somerton	AZ	85350	M-F 7:00 a.m 9:00 p.m. Saturday 9 am to 9 pm. Open Monday to Saturday, and open on Holidays	Y
San Luis Walk-In Clinic & Family Behavior Integrated Health Services	214 W. Main St.	Somerton	AZ	85350	M-F 8:00 a.m 5:00 p.m. Closed Weekends and Holidays	Y
Family Behavior Integrated Health Services	1130 E. Main St.	Somerton	AZ	85350	M-F 8:00 a.m 5:00 p.m. Closed Weekends and Holidays	Y
San Luis Walk-In Clinic, Inc.	1896 E. Babbitt Ln.	San Luis	AZ	85349	M-F 7:00 a.m 6:00 p.m. Closed Weekends and Holidays	Y
San Luis Urgent Care	1233 S. Main St. Suite 1	San Luis	AZ	85349	M-Sat 9:00 a.m 9:00 p.m.	Y
San Luis Medical Mall	151 S. Oak Ave	San Luis	AZ	85349	M-F 8:00 a.m 5:00 p.m. Closed Weekends and Holidays	Y
San Luis Walk-In Clinic & Family Behavior Integrated Health Services	1453 N. Main St.	San Luis	AZ	85349	M-F 8:00 a.m 5:00 p.m. Closed Weekends and Holidays	Y

Humanitarian Response to the US-Mexico Border Refugees Seeking Asylum in the U.S. and COVID-19 Emergency

IR FAMIL



Hon. Sen. G. Peters visit to RCBH SLWIC

(4/28)





Hon. Secretary Alejandro

Mayorkas,

U.S. Department of

Homeland Security

U.S. Customs and Border Protection



#### **Regional Center for Border Health, Inc.**

Total Refugees Seen 2021-2024

2021		2022		2023		2024	
March - June	1374	January	6241	January	7159	January	7,089
July-September	5010	February	6400	February	4465	February	7,134
October-December	5697	March	8832	March	7062	March	6,343
		April	8910	April	7421	April	4,581
		May	10212	Мау	9319	May*	2,023
		June	8627	June	4401	June	
		July	9383	July	5490	July	
		August	5977	August	8387	August	
		September	7081	September	8532	September	
		October	6965	October	7983	October	
		November	8062	November	9422	November	
		December	11807	December	11500	December	
TOTAL	12,081	TOTAL	98,497	TOTAL	91,141	TOTAL	27,170
*As of May 17, 2024							
<b>TOTAL 2021-TO</b>	DATE	228,889					





### Together With Veterans Cocopah Indian Tribe Resource Center





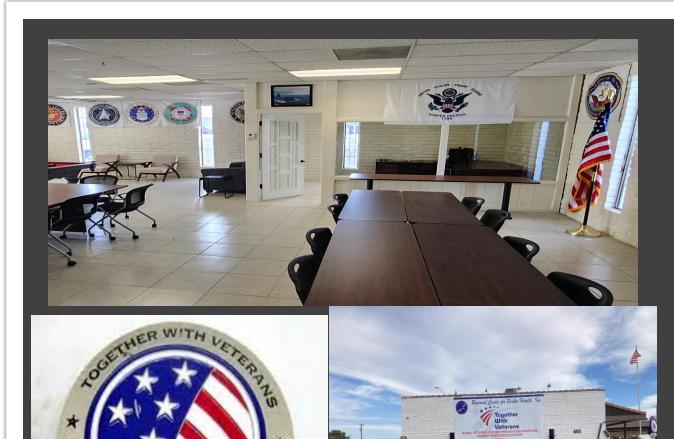
#### TOGETHER WITH VETERANS

#### RURAL VETERANS SUICIDE PREVENTION PROGRAM COCOPAH INDIAN TRIBE

US DEPARTMENT OF VETERANS AFFAIRS VETERANS HEALTH ADMINISTRATION

WESTERN INTERSTATE COMMISSION FOR HIGHER EDUCATION





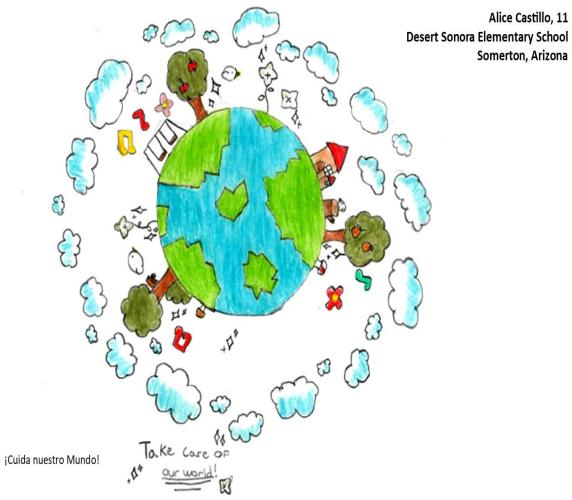
ENTING SUICID

# PARKER TWV RESOURCE CENTER LA PAZ COUNTY





**Our Precious Home - Nuestro Precioso Hogar** 





Yuma County, Arize San Luis R. C. Sonora Rinational Health Cour





Alice Castillo, 11





# THANK YOU

Amanda Aguirre

# President & CEO

•Amanda@rcfbh.org