

Hotlines

999 Suicide & Crisis Lifeline

Dial 988

988lifeline.org

Arizona Statewide Crisis Hotline **1-844-534-HOPE (4673)**

Text 4HOPE (44673)

Chat with a specialist: <https://crisis.solari-inc.org/start-a-chat/>
<https://crisis.solari-inc.org/>

Central Arizona Warm Line **(602) 347-1100**

peer-run, non-crisis line offering support and listening to reduce hospitalization and forced treatment

Community Wide Crisis Line **(520) 622-6000** or **(866) 495-6735**

TDD/TTY: (877) 613-2076

24/7 crisis line for mental illness, emotional distress or substance abuse.

Suicide and Crisis Hotlines by County and Tribal Nation County Wide,

1-800-631-1314

Gila River Indian Community,

1-800-259-3449

Salt River Pima Maricopa Indian
Community,

1-855-331-6432

Tohono O'odham Nation,

1-844-423-8759

Teen Lifeline

Phone or text:

602-248-TEEN (8336)

Substance Use Treatment Resources

Rural Pima County

Outpatient Services, Opioid Treatment, Residential Treatment, Prevention and Assistance Programs

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Ajo

Pima County Sheriff Department Community Health & Safety Services

(520) 351-4600

1249 Ajo Well Rd, Ajo, AZ 85321

<https://pimasheriff.org/>

Services: Drug drop-off services, Child safety, Document shredding services

Desert Senita Community Health Center

520-387-5651

desertsenita.org

Services: General medical, behavioral, and community services

Center for Sustainable Agriculture

100 Estrella Ave, Ajo, AZ 85321

520-405-4872

ajocsa.com

Services: Community gardens, food services, food assistance resources

Ajo Community Center

Address: 290 5th Street, Ajo, AZ 85321

(520) 387-6641

webcms.pima.gov

Services: Classes, community services, fitness/nutrition

International Sonoran Desert Alliance

38 N Plaza St, Ajo, AZ 85321-2464

(520) 387-6823

isdanet.org

Services: Cultural, environmental, resources and economic community services

Salazar-Ajo Branch Library

15 W Plaza St, Ste 179, Ajo, AZ 85321

(520) 387-6075

Services: Utility payment assistance services, Wifi access, library services, homework help

Woman & Infant Children (WIC) services

410 N Malacate St, Ajo, AZ 85321

(520) 387-5651 x5594

azdhs.gov/prevention/azwic

Services: Food and nutrition assistance

Why

Services available in Ajo, 10 miles away

Sasabe

Services available in Arivaca, 24 miles away

Arivaca

Arivaca Human Resource

17252 W 5th St, Arivaca, AZ 85601

(520) 398-2771

<https://www.arivacahr.com/>

Services: Eligibility screening and registration, LIHEAP (Low Income Home Energy Assistance Program), Lifeline alert, Hot Meals/ Home Delivery, Food Boxes and Pantry Food, Information and resources

Arivaca Helping Hearts

17191W Arivaca Rd. Arivaca, AZ 85601

(520)-332-4054

arivacahelpinghearts.wixsite.com/home

Services: Provides small grants to community members in need, and provides emergency assistance with propane, water, gas, medical costs, auto repair, etc.

United Community Health Center Arivaca Clinic

17388 W 3rd St Arivaca, AZ 85601

(520) 407-5500

uchcaz.org

Services: Provides primary health care for all ages

Caviglia-Arivaca Branch Library

17050 W Arivaca Rd. Arivaca, AZ 85601

(520) 594-5235

library.pima.gov

Services: General library services

Arivaca Fire District

16091 W Universal Ranch Rd. Arivaca, AZ 85601

(520) 398-2003

arivacafiredistrict.org

Services: Fire and EMS services

Arivaca Community Garden

37755 S Wedgeford Rd. Arivaca, AZ 85601

(520) 398-9579

ppep.org

Services: Provides training in gardening and self-employment

Arivaca Community Center, Inc

36120 S Mesquite Rd. Arivaca, AZ 85601

(520) 398-3010

pima.gov/nrpr

Services: Recreational activities for all age groups

Sells

Arizona@Work

State Route 86 & Indian Route 19, Tohono O'odham Nation, Sells, AZ 85634
(520) 383-4251

arizonaatwork.com

Services: Employment assistance and training services

San Simon Health Center

Hwy 86 MP 74, Sells, AZ 85634
(520) 362-7007

ihs.gov/tucson/healthcarefacilities/sansimon

Services: Native American children and adult health center

Tohono O'odham Community College

State Highway 86 MP 125.5, Sells, AZ 85634
(520) 479-2300

tocc.edu

Services: No tribal enrollment required, college services and free GED classes

Southern Arizona Legal Aid - Sells

Confidential location (call for pre-screening application), Sells, AZ 85634
520-623-9461

sazlegalaid.org

Services: Legal assistance for low-income individuals

Sells Indian Hospital

Hwy 86 & Rte 19, Sells, AZ 85634
520-383-7330

ihs.gov/tucson/healthcarefacilities/sellshospital

Services: Medical care for tribal members

Tohono O'odham Department of Health & Human Services

E Main St, Sells, AZ 85634
520-383-6540

tonation-nsn.gov

Services: Health and social services for Native Americans

Tohono O'odham Ki: Ki Housing Association COVID-19 Emergency Rental Assistance Program

51 Baboquivari Dr, Sells, AZ 85634
520-383-2202

<http://tokahousing.org/>

Rental assistance to tribal and non-Tribal members. Preference to Tohono O'odham nation

Tohono O'odham Fire Department

Highway 86 Business Loop, Sells, AZ 85634
(520) 383-8276

tonation-nsn.gov/public-safety/fire-department

Services: Fire and EMS services on tribal lands

County Wide Resources

Pima County Behavioral Health Resources

520-622-6000 or 866-495-6735

Pima County offers resources and referrals through crisis lines

Pima County Library

<https://www.library.pima.gov/community-services/>

Offers resources for community services

Pima Helpline

<https://pimahelpline.org/listing/sonorabehavioralhealth/>

resource to find mental health and addiction treatment, services, and support

HOPE, Inc.

(520) 770-1197

Offer on-site assessment and referrals, and their services include warm lines for both adults and youths

Statewide Resources

Arizona Opioid Assistance & Referral (OAR) Line

1-888-688-4222

oarline.com

Services: Local medical experts offer patients, providers, and family members opioid information, resources and referral 24/7. Translation services available.

Arizona 211

Crisis Response Network: Dial 211

211Arizona.org

BeConnected

866-4AZ-VETS (429-8387)

BeConnectedAZ.org

Services: Services/support for service members, veterans, families, and communities

FindTreatment.gov

Services: Confidential and anonymous resource for persons seeking treatment for mental and substance use disorders in the United States and its territories

National Alliance on Mental Illness (NAMI) Arizona

1-800-950-NAMI (6264)

<https://namiarizona.org>

Support and Education for Mental Health Conditions

Narcotics Anonymous, 12-step peer recovery

888-495-3222

<https://narcoticsanony.wpenginepowered.com>

OUD Service Locator

opioidservicelocator.azahcccs.gov/

RX Drop Off Locations

azdhs.gov/gis/dump-the-drugs-az/

Sonoran Prevention Works

480-442-7086

spwaz.org

Services: Services/support for people who use drugs

Southwest Telehealth Resource Center

(877) 535-6166

<https://southwesttrc.org/>

Provides trusted consultation, resources & news at no cost. Services Arizona, Colorado, New Mexico, Nevada, Utah

Substance Abuse and Mental Health Services Administration

samhsa.gov/

Services: “Find Help” page offers a comprehensive directory of resources and services for mental health and substance use treatment, including helplines, treatment locators, and crisis services

NEXT Naloxone

naloxoneforall.org/

provides information on obtaining free naloxone to prevent opioid overdoses for most states in the US

Naloxone

Arizona Department of Health Services

<https://www.azdhs.gov/opioid/naloxone/index.php>

Become a naloxone distributor.

Arizona Naloxone

aznaloxone.org

Find information on free or reduced naloxone locations.

Naloxone Community Distribution Sites Map

[Community Distribution sites](#)

Pharmacy-Based Naloxone Access in Arizona

Pharmacy-Based Naloxone Access in Arizona Naloxone is available for purchase from local pharmacies or for free at sites across Arizona.

Most health insurance plans cover naloxone, but costs vary.

Pima County Health Department

(520) 724-7470

350 S. Toole Ave, Tucson, AZ 85701

Free naloxone.

Sonoran Prevention Works

<https://spwaz.org/arizonanaloxone/>

Find free naloxone in Arizona. Search by location.

Education Resources

A Candid Conversation Around Stigma and Substance Use Disorder

Video series on stigma

<https://www.youtube.com/playlist?list=PLxMUkc-cccTALPlftnwRsaXdpRiw4j8xb>

Addiction and Substance Use Disorder

Resource that provides information on addiction, its effects, and available treatments.

<https://mhanational.org/conditions/addictionsubstance-use-disorder>

Lifesaving Naloxone

The CDC explains naloxone, a medication that reverses opioid overdoses, detailing its use, importance, and how to obtain it.

https://www.cdc.gov/stop-overdose/caring/naloxone.html?CDC_AAref_Val=https://www.cdc.gov/stopoverdose/naloxone/index.html

Mental Health Resources

Collaborative initiative between NAMI and Yavapai County, providing information and support for mental health and well-being. It offers a variety of resources, including educational materials, support services, and links to mental health professionals and organizations.

<https://mentalhealthresources.org/>

National Harm Reduction Coalition

Provides essential resources and information to support education and intervention efforts for SUD and OUD

<https://harmreduction.org/>

resource Page: <https://harmreduction.org/resource-center/>

The OUD Business Toolkit

Provides businesses with resources and strategies to address opioid use disorder in the workplace, including prevention, treatment, and recovery support

<https://oudbiztoolkit.org/>

Western Region Public Health Training Center

Offers online training, leadership programs, student project stipends, and accredited continuing education.

<https://wrphtc.arizona.edu/training>

What Is a Substance Use Disorder?

An informative page explaining substance use disorders, their symptoms, and treatment options.

<https://www.psychiatry.org/patients-families/addiction-substance-use-disorders/what-is-a-substance-use-disorder>

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Dial 988

988lifeline.org

Alcoholics Anonymous 24/7

(520) 624-4183

Connects callers to AA meeting information. Free.

Arizona Complete Health - Complete Care Plan

1-866-495-6735

Suicide and Crisis Hotline

Crisis Text Line

Text TALK to 741741

<https://www.crisistextline.org/>

Connects people in crisis with trained crisis counselors by text.

HOPE, Inc. Warm Lines

For adults and youths:

(520) 770-9909 or

(844) 733-9912

Every day, 8 a.m. – 10 p.m.

For Native American tribal members only:

(855) 728-8630,

Every day, 8 a.m. – 4:30 p.m.

<https://hopearizona.org/>

Provides free peer support operators for mental health or substance abuse challenges, referrals for community mental health resources, and specialized support for youths ages 13-17.

National Runaway Safeline

(800) RUNAWAY

(786-2929)

<https://www.1800runaway.org/>

Offers confidential crisis services to youth and families.

Pima County Sheriff Department Mental Health 24/7 Line

(520) 622-6000

Southeastern Arizona Area Narcotics Anonymous

(520) 881-8381

<https://natucson.org/index.php>

24/7. Connects callers to NA meeting information.

