

2022 Arizona Center for Rural Health Spring Webinar Series

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.

Vanessa Da Silva, PhD, RD

Carlie Felion, MSN, APRN, FNP-BC, PMHNP-BC, BC-ADM

Results of a Mixed-Methods Study on the Impact of Diabetes Prevention Program Participation Among Individuals and Their Family Members

**March 16th, 2023
12:00 - 1:00 pm**

- ▶ Gain a deeper understanding of how the University of Arizona Cooperative Extension Diabetes Prevention Program can help their patients with prediabetes reduce their risk of developing Type 2 Diabetes.
- ▶ Explain to colleagues and patients how an individual's participation in the Diabetes Prevention Program can improve not only the health of that participant but may also influence the health and health behaviors of non-participating family members.
- ▶ Guide patients to the website where they can learn about and enroll in the UA Cooperative Extension Diabetes Prevention Program as a way to improve their health and reduce their risk of developing Type 2 Diabetes in the future.



Vanessa da Silva, Ph.D., RD, is an Extension Specialist at the University of Arizona School of Nutritional Sciences and Wellness Nutritional Sciences. Dr. da Silva is the Director of the CDC-recognized U Arizona Diabetes Prevention Program, implemented statewide through Cooperative Extension.



Carlie M. Felion, MSN, APRN, FNP-BC, PMHNP-BC, BC-ADM, is a dual board-certified family and psychiatric mental health nurse practitioner at Mayo Clinic in Phoenix, Arizona. She holds an additional board certification in Advanced Diabetes Management through the Association of Diabetes Care & Education Specialists. She earned her Master of Science in Nursing and her Post-Master's Certificate from Duke University School of Nursing and is currently completing her Ph.D. training at the University of Arizona College of Nursing. She received the prestigious University Fellows award and is an Arizona Area Health Education Center (AHEC) Scholars program graduate.

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To register: <https://telemedicine.arizona.edu>

This webinar is made possible through funding provided by Health Resources and Services Administration, Office for the Advancement of Telehealth (U1U42527). Arizona State Office of Rural Health is funded granted through a grant from US Department of Health and Human Services. Grant number H95RH00102-25-00. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, DHHS or the U.S. Government.