





## 2023 Arizona Center for Rural Health Fall Webinar Series

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural health issues to statewide rural partners and stakeholders throughout the state.

## Elena 'Lena' Cameron, BS, and Kevin Phillips

## Peers and Family Support Specialists: Opportunities for Rural Arizona August 17, 2023 12:00 - 1:00 pm

- Describe how people with lived-experience influence health promotion and behavioral health recovery.
- ▶ Describe PeerWORKS and Project FUTRE as support specialist programs
- ► Identify opportunities to include or promote people with lived experience in organizations and/or community health efforts.



**Elena 'Lena' Cameron, BS** (she/her/ella) is a program coordinator for the Arizona Center for Rural Health. Her background is in public health with experience in several programs relating to opioid use. Her interests include harm reduction and public health communication. She is currently pursuing a graduate degree in public health.

As a graduate from Project FUTRE, **Kevin Phillips** was participating in the level 2 apprenticeship program at a child and adolescence

clinic. At the clinic he helped develop a model for the Parent & Family Support Specialists role. After experiencing some of the challenges that can come with being a paraprofessional in today's clinics, he decided to help prepare the next generation of paraprofessionals entering behavioral health. His primary role today is training Parent & Family Support Specialists, but he is also actively involved in training Recovery Support Specialists and connecting our curriculum to real world examples.



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