



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH

Center for Rural Health



UNIVERSITY OF ARIZONA HEALTH SCIENCES
Comprehensive Pain
& Addiction Center



WESTERN REGION
Public Health
Training Center



Southwest Interdisciplinary
Research Center
Arizona State University

Christina Arredondo, Mark Grant, Natasha Mendoza

Integrating Care: Advancing Health Equity through Whole Person Responses to Pain and Addiction

Webinar: July 26, 2023 | 12:00 - 1:00 pm Tucson AZ time

Registration link: <https://moodle.publichealth.arizona.edu/course/view.php?id=507>

Learning Objectives:

- ▶ Recognize the need for integrated care models.
- ▶ Develop strategies for screening, brief intervention/treatment, and referral.
- ▶ Distinguish treatment methods for patients based on individualized factors.



Dr. Christina Arredondo currently resides in her hometown of Tucson, Arizona where she is raising her family amongst an extensive family unit. After graduating from Carleton College in Northfield, Minnesota with a BA in Psychology she worked in mental health treatment and research in San Francisco, CA and at Stanford University in Palo Alto, CA. Dr. Arredondo completed her medical school at University of Washington in Seattle and then Psychiatry Residency and Public Psychiatry Fellowship at Yale University. Later she returned to school for a Masters in Public Health in Epidemiology at Harvard University Chan School of Public Health. She has worked in various sectors of Psychiatry but her interests lie in capacity building in public health, Native health, behavioral health epidemiology, addiction services, integration of culture into a medical model of care, and teaching the next generation of Psychiatrists. She is currently the medical director of behavioral health and MAT at El Rio and of Desert Palms at Intermountain and works in both local and national addiction and mental health groups.

Dr. Mark Grant was born in Phoenix Arizona and returned to the Southwest after completing medical school at Loyola Chicago. He completed his residency at the University of Arizona South Campus Family Medicine Program where he developed a passion for working with the underserved and homeless. Bilingual in Spanish, he also enjoys working with Spanish-speaking patients. Seeing the impact addiction had on patients in the Tucson community, Mark pursued a fellowship in addiction medicine to gain the skills that would help him better serve this population.



Dr. Natasha Mendoza is an Associate Professor in the School of Social Work at Arizona State University. Dr. Mendoza's scholarship is focused on substance use, co-occurring disorders, and connecting service systems (i.e., harm reduction, treatment, crisis response, health care, criminal justice, and child welfare). Additionally, Dr. Mendoza's work as a researcher and educator serves to explore and elucidate the ways in which identity (i.e., cultural, gender, sexual) and wellness may be assets in behavioral health.

CE/CME: This webinar meets the requirements for the California Board of Registered Nurses. Accreditation from the National Association of Social Workers has been approved. It has been endorsed by the Western Region Public Health Training Center. We have applied for CME and it's under review.

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