

2025 ARIZONA CENTER FOR RURAL HEALTH WEBINAR SERIES

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural *health issues to statewide rural partners and stakeholders throughout the state.*



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH
Center for Rural Health

Thursday, March 13, 2025

12:00 - 1:00 pm MST

Substance use in Pregnancy: Treatment approaches during pregnancy and coordination of care



Learning objectives:

- ▶ Review the burden of substance use disorders
- ▶ Screen for and address common concerns with substance use in each pregnancy trimester (including 4th trimester)
- ▶ Review reproductive safety of treatment options for Opiate Use disorder

REGISTER



SAIRA S KALIA, MD, MBBS, is Associate Professor of Psychiatry at the University of Arizona, and Director for the Arizona Perinatal Psychiatry Access Line and the Arizona Pediatric Psychiatry Access Line. Dr. Kalia's residency was completed at the University of Arizona in Tucson in 2016, during which time she earned the American Psychiatric Association's Resident Recognition Award. Her contributions to the field of perinatal psychiatry include launching the Psychiatry Department's Perinatal Psychiatry Training Track and Clinical Service and working to expand the department's services in this area. She has served as Outpatient Medical Director and Associate training director. Dr. Kalia provides national trainings for the Postpartum Support International (PSI) organization

and has made contributions to the National Curriculum of Reproductive Psychiatry and the American Psychiatric Association's first Textbook of Women's Reproductive Mental Health. She is a well-regarded educator and leader, having won multiple teaching awards including the Arizona Psychiatric Society's Howard E. Wuslin Excellence in Education Award in 2020 and the 2024 University of Arizona Women in Medicine Torchbearer award. Known for her patient-centered care and dedication to education, Dr. Kalia is well-regarded in the Tucson community and has received numerous accolades for her clinical and administrative work.

For more information contact Mariah Erhart: merhart@arizona.edu • 520.626.2243

To register: crh.arizona.edu

This webinar is made possible through funding provided by Health Resources and Services Administration, Office for the Advancement of Telehealth (U1U42527). Arizona State Office of Rural Health is funded granted through a grant from US Department of Health and Human Services. Grant number H95RH00102-25-00. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, DHHS or the U.S. Government.