

2025 ARIZONA CENTER FOR RURAL HEALTH WEBINAR SERIES

A webinar series focused on providing technical assistance to rural stakeholders to disseminate research findings, policy updates, best-practices and other rural *health issues to statewide rural partners and stakeholders throughout the state.*



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH
Center for Rural Health

Thursday, April 10, 2025

12:00 - 1:00 pm Tucson, AZ time

REGISTER

Overdose Recognition, Naloxone Administration, and Us: Empowering Action for Safety and Overdose Prevention

Learning objectives:

- ▶ Identify signs and symptoms of overdose and how to administer naloxone.
- ▶ Recognize the importance of self-care and emotional support for those who have witnessed and those who support someone who has experienced an overdose.
- ▶ Promote safe environments for overdose prevention, and recovery of substance use.



Bianca SantaMaria, MPH, is a Research Program Administration Officer with the Overdose Data 2 Action-State (OD2A-S) program at the University of Arizona, Center for Rural Health. She has led the development and facilitation of Overdose Recognition and Naloxone Administration training, and works on program evaluation, operations, and developing educational materials. She has presented at professional conferences locally and nationwide. Ms. SantaMaria has a background in substance use prevention and education, clinical research, health promotion, and harm reduction. She completed her undergraduate and graduate education at the University of Arizona and is pursuing her PhD.



Elena "Lena" Cameron, MPH is a Health Educator Coordinator for multiple programs under the Comprehensive Center for Pain & Addiction. She currently works on cannabis education and behavioral health workforce development for people with lived experience in Arizona. Her background is in health promotion, harm reduction, and substance use prevention.

For more information contact Mariah Erhart: merhart@arizona.edu • 520.626.2243

To register: crh.arizona.edu

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