

Behavioral Healthcare

Arizona Council
of Human Service Providers
Emily Jenkins



Behavioral Health

- Mental Illness
- Substance Use Disorders



Arizona's Publicly Funded Behavioral Health System

- Managed Care Program operated by DHS/DBHS using community based providers
 - Medicaid "Carve Out"
- Behavioral Health administered separately from physical health service under AHCCCS
- Continuum of Care
 - prevention, outreach, crises, outpatient, inpatient, residential

Recovery Philosophy

- Goal for clients is recovery as defined by client
 - Treatment and social support
 - Keep clients connected to system
 - Seek optimum outcome
- Arizona is national leader in use of peers to provide support

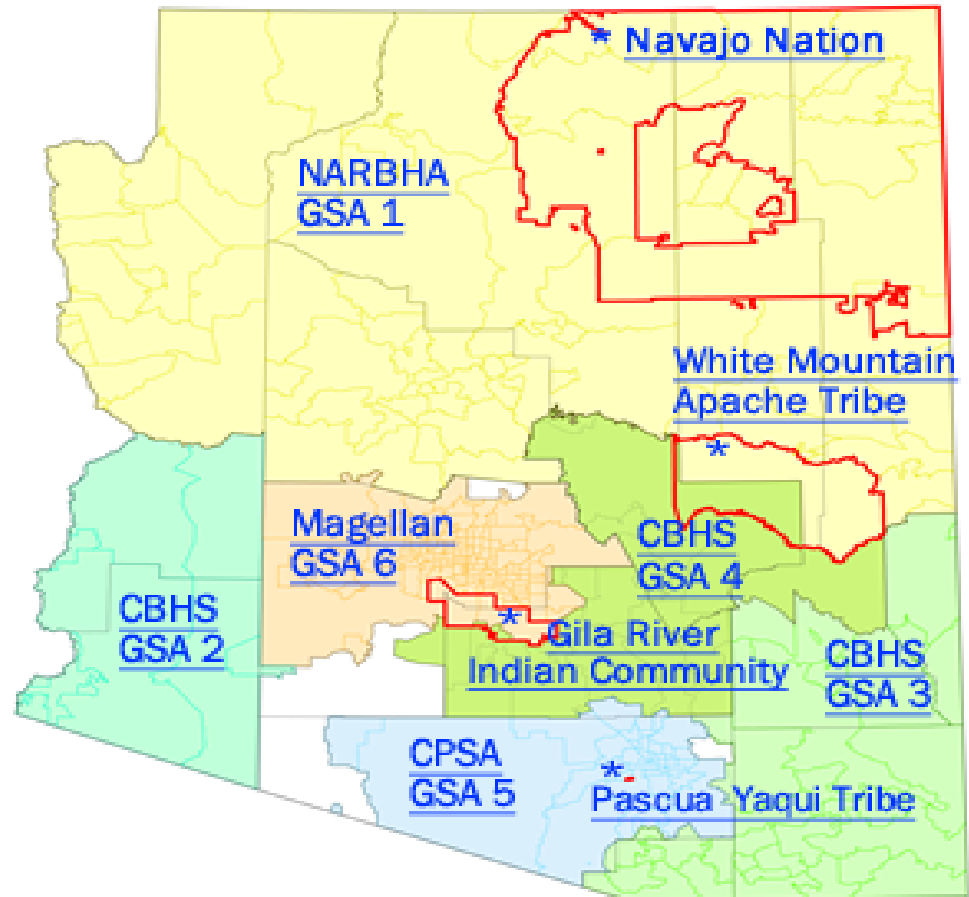
Funding Sources

- Title XIX Medicaid
- Title XXI Kids Care I and II
- State funds SMI-Seriously Mentally Ill
- State funds Crisis System and State Hospital
- Federal Block Grant Funds
 - SAPT--Substance Abuse and Prevention and Treatment
 - General Mental Health Block Grant
- Misc funds including tobacco tax, liquor tax, etc

RBHA Delivery System

- RBHA-Regional Behavioral Health Authorities
 - State is divided into regions
 - There are also four Tribal Regional Behavioral Health Authorities (T/RBHA)
- Maricopa and Pima Counties are regions
 - Magellan covers Maricopa County
 - CPSA-Community Partnership of So AZ covers Pima County
- Coconino, Mohave, Apache, Navajo
 - NARBHA- Northern AZ Regional Behavioral Health Authority
- Gila, Pinal, Yuma, La Paz
 - Cenpatico
- Cochise, Graham, Greenlee and Santa Cruz
 - Cenpatico

RBHA GSA Areas



Clients Served by RBHAs

RBHA	# Enrolled
Magellan	84,818
CPSA	36,472
NARBHA	21,359
Cenpatico 3	3,880
Cenpatico 4	9,973
Cenpatico 2	6,022
Navajo	356
Gila River	1,569
White Mtn Apache	90
Pascau Yaqui	780
Statewide	165,319



SMI-Seriously Mentally Ill

- SMI-Person who is disabled because of mental illness
- Covered by Medicaid or by state funds
- AHCCCS freeze--moved into SSI-MAO
 - Dec 2013-2,000 clients will lose coverage because do not meet federal qualifications for disability
 - Will get behavioral health coverage through state program but not physical health coverage
 - State funding does not include inpatient treatment other than 3 or 4 day crisis

GMH/SA

- GMH-General Mental Health
- SA-Substance Abuse
- Many are in Childless Adult Category
 - Approximately 23,000 have lost coverage
 - An additional 5,000 to 7,000 will lose coverage on 12/31/13 if AHCCCS coverage not restored

Court Ordered Treatment

- Civil proceeding to determine if person is danger to self or others or is gravely disabled
- Petition is filed and person is held for three to five days and there is a court proceeding for determination
 - Counties have to pay for inpatient stay and court proceeding
 - County costs have increased to 3 or 4 times that before AHCCCS freeze
 - Some people found to be a danger to self or others are being released to community because of lack of payment source for treatment

Impact of Loss of Treatment

- Jails
- Hospitals with persons admitted through Emergency Departments
- Crisis system overburdened
- First Responders
- More children in DES custody because of parental substance abuse

Judicial Oversight

- Arnold v. Sarn
 - All persons with SMI must be served
 - Broad array of services, including housing
- Jason K
 - Children's System
 - 12 principles
 - Children must be in the least restrictive setting

Issues in the Budget

- Governor's Budget includes
 - Recommendations for Medicaid Program
 - Reflects more revenue than JLBC Budget
- JLBC Budget is a baseline budget
 - Reflects necessary mandates regarding children's coverage under AHCCCS to 133% FPL
 - Reflects less revenue than Governor's Budget

Issues in Legislative Session

- Funding for DES for substance abuse treatment of parents
 - Arizona Families F.I.R.S.T.
- Crisis Funding
- SMI Funding
- Reform of Board of Behavioral Health Examiners

Issues to Watch

- Integration of Physical and Behavioral Health
- Coverage of Behavioral Health Services by Insurance
 - Essential Health Benefits
 - Behavioral Health Parity
- HIX--state employee plan will be benchmark

Seriously Mentally Ill and HIX

- DHS intends to enroll non-AHCCCS eligible SMI clients on HIX
- Will have to use state funds for wrap-around services critical to stability
- Need to monitor transportation, crisis, and case management services and coordination with insurance provider

Mental Health Parity

- The Mental Health Parity and Addition Equity Act of 2008
- Interim Final Rule 2010
 - 45 CFR Part 146 (CMS)
 - 29 CFR Part 2590 (Employee-Labor)
- ACA includes Parity as an important component
 - Requires that treatment limitations and financial requirements for medical/surgical benefits be applied equally for mental health (MH) and substance abuse (SA) benefits

Parity

- Six classifications of benefits used to compare financial requirements/treatment limitations for MH and SA benefits with the type of limitations imposed for medical/surgical benefits in the same classification
 - In-patient, in network
 - In-patient, out of network
 - Outpatient, in network
 - Outpatient, out of network
 - Emergency Care
 - Prescription Drugs

DBHS: Crisis Hotlines

- **24-Hour Crisis Hotlines – National**
- 1-800-SUICIDE – [HopeLine Suicide Hotline](#)
- 1-800-273-TALK or 1-800-273-8255 National Suicide Prevention Lifeline

- **Suicide/Crisis Hotlines by County**
- 1-800-631-1314 and 602-222-9444 (Maricopa County)
- 1-800-796-6762 or 520-622-6000 (Pima County)
- 1-866-495-6735 (Graham, Greenlee, Cochise and Santa Cruz Counties)
- 1-800-259-3449 (Gila River and Ak-Chin Indian Communities)
- 1-866-495-6735 (Yuma, LaPaz, Pinal and Gila Counties)
- 1-877-756-4090 (Mohave, Coconino, Apache, Navajo and Yavapai Counties)

Websites for RBHA's

- Northern Arizona Regional Behavioral Health Authority (NARBHA) – GSA 1
– <http://www.narbha.org/>
- Cenpatico Behavioral Health of Arizona (CBHS) – GSA 2, 3, and 4
– <http://www.cenpaticoaz.com/>
- Community Partnership of Southern Arizona (CPSA) – GSA 5
– <http://w3.cpsa-rbha.org/>
- Magellan of Arizona – GSA 6
– <http://www.magellanofaz.com/>

Websites for T/RBHA's

- Navajo Nation – GSA 1
 - <http://www.navajo-nsn.gov/index.htm>
- Gila River Indian Community – GSA 4
 - <http://www.gilariverrbha.org/>
- Pascua Yaqui Tribe – GSA 5
 - <http://www.pascuayaqui-nsn.gov/>
- White Mountain Apache Tribe – GSA 1
 - <http://www.wmabhs.org/>

Contact Information

Emily Jenkins, President and CEO

Arizona Council of Human Service Providers

www.azcouncil.com

ejenkins@azcouncil.com

602.252.9363

