

# Accessing / Paying for Behavioral Health Services



**START HERE**  
Does the person seeking help have health insurance or Medicare?

**YES**

Contact the health insurance company to get a referral to behavioral health services. Medicare pays 80% of initial visit to behavioral health professionals and 55% of follow-up visits. Locate providers at [medicareinteractive.org](http://medicareinteractive.org)

**NO**

Is the person seeking help enrolled in AHCCCS?

**YES**

Contact the Regional Behavioral Health Authority in your region of the state:

**NO**

To enroll in AHCCCS  
[www.healtharizona.org](http://www.healtharizona.org)

Does the person seeking help have a problem with drugs or alcohol?

**YES**

Arizona Tribal and Regional Behavioral Health Authority (TRBHA): Note: latest website and 24-hr line information can be found at: <a href="http://www.azdhs.gov/bhs">www.azdhs.gov/bhs</a> .	County or Tribal Nation Served:
Cenpatico RBHA <a href="http://www.cenpaticoaz.com">www.cenpaticoaz.com</a> and 1-866-495-6735	Gila, La Paz, Pinal, Yuma, Graham, Greenlee, Santa Cruz, and Cochise Pima
Community Partnership of Southern Arizona RBHA <a href="http://www.cpsa-rbha.org">www.cpsa-rbha.org</a> and 1-800-796-6762 / 520-622-6000	Gila River Indian Community
Gila River RBHA <a href="http://www.gilariverrbha.org">www.gilariverrbha.org</a> and 1-800-259-3449	Maricopa
Magellan RBHA <a href="http://www.magellanofaz.com">www.magellanofaz.com</a> and 1-800-631-1214	Navajo Nation
Navajo Nation RBHA <a href="http://www.navajo.org">www.navajo.org</a> and 1-866-841-0277	Apache, Coconino, Mohave, Navajo, Yavapai
Northern Arizona RBHA <a href="http://www.narbha.org">www.narbha.org</a> and 1-877-756-4090	Pascua Yaqui Tribe
Pascua-Yaqui RBHA <a href="http://www.pascuayaqui-rsn.gov">www.pascuayaqui-rsn.gov</a> and 1-800-572-7282	White Mountain Apache Nation
White Mountain Apache RBHA <a href="http://www.wmabhs.org">www.wmabhs.org</a> and 928-338-4811	

**NO**

Does the person seeking help have a serious mental illness?

**YES**

OR Don't Know (but suspect that he/she may have)

Has this person ever served in the military?

**YES**

Contact the Veterans Administration (VA) in your region of the state to find out if the veteran will qualify for VA funded services:

VA Health Care System:	Counties Served:
Phoenix: 602-277-5551	Gila, Maricopa
Northern Arizona: 928-445-4860	Apache, Coconino, Mojave, Navajo, Yavapai
Southern Arizona: 520-792-1450	Cochise, Graham, Gila, Greenlee, La Paz, Pima, Santa Cruz, Yuma

**NO**

Is the person seeking help a member of a federally recognized Tribal Nation?

**YES**

Contact Indian Health Services (IHS) to determine eligibility and receive referral information:

- Navajo Nation 928-871-4811; serving Navajo Nation.
- Tucson 520-295-2405; serving the Tohono O'Odham Nation and Pascua Yaqui Tribe.
- Phoenix 602-364-5039; Alcohol and Substance Abuse: 602-364-5159; Suicide Issues: 602-364-5183; serving all other Arizona Tribal Nations.

**NO**

Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

- The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 1-877-448-1211.
- SOS Non Title 19 Resource Hotline: (602) 759-8175.
- Visions of Hope WARM LINE: (602) 347-1100.
- Transitional Living Centers "TLC": Helping recovering substance abusers rebuild their lives since 1992: <http://www.transitionalliving.org/index.html>
- NAAMI AZ: Select your local affiliate and select "Support Groups" <http://www.namiaz.com/page16/index.html>
- MIKID AZ: Select your location and select "Support Groups" <http://www.mikid.org/>

- Substance Abuse Support:
- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press "2" for Spanish.
  - <http://findtreatment.samhsa.gov>
  - Alcoholics Anonymous (AA) meeting locator: [www.aa03fest.org/MeetingList.aspx](http://www.aa03fest.org/MeetingList.aspx).
  - Narcotics Anonymous (NA): 1-818-773-9999; online [www.na.org](http://www.na.org).

- Suicide Prevention Resources:
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press "1" for veteran support; online [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).
  - National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
  - The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online [www.thetrevorproject.org](http://www.thetrevorproject.org).
  - Teen Lifeline: 1-800-248-TEEN (8336); online [www.TeenLifeline.org](http://www.TeenLifeline.org).
  - Low cost/no cost support groups: [www.mhaarizona.org/SupportGroups.html](http://www.mhaarizona.org/SupportGroups.html).

For additional information please contact ADHS/DBHS Customer Service at 1-800-867-5808 or [dbhsinfo@azdhs.gov](mailto:dbhsinfo@azdhs.gov) or visit our website at [www.azdhs.gov/bhs](http://www.azdhs.gov/bhs) Note: this chart can be printed from our website.