The Road to Public Health Accreditation in Arizona

Sheila Sjolander
Assistant Director, Public Health Prevention Services
Arizona Department of Health Services
Presentation Overview

- Accreditation- What’s it all about?
- Tribal & County Level Accreditation Efforts
  - Community Health Assessments
  - Community Health Improvement Plans
- State Level- ADHS progress
- State Health Assessment (SHA) and State Health Improvement Plan (SHIP)
- Next Steps
What is Public Health Accreditation?

- Measurement of health department performance against a set of nationally recognized, practice-focused and evidence-based standards.
Goal: advancing the quality and performance of state, local, tribal and territorial public health departments
Benefits

• High performance and quality improvement
• Recognition, credibility, and accountability
• Improved communication and collaboration
• Potential increased access to resources
Public Health Accreditation Board (PHAB) Guide to National Public Health Department Accreditation Version 1.0
3 Core Functions + 10 Essential Services of Public Health

Monitor Health
Diagnose & Investigate
Inform, Educate, Empower
Mobilize Community Partnerships
Develop Policies
Enforce Laws
Link to / Provide Care
Assure Competent Workforce
Evaluate
System Management
Research

Health and Wellness for all Arizonans
Impact of Accreditation in Health Departments

- Ensures work aligns with Strategic Plan goals
- Demonstrates progress towards improved outcomes (performance management systems)
- Systematically addresses deficiencies or gaps (quality improvement and workforce development opportunities)
Accreditation Prerequisites

1. Strategic Plan
2. Health Assessment
3. Health Improvement Plan
Community Health Assessment (CHA) Helps to Answer:

- Health problems in a community
- Factors that create the health problems
- Available resources
- Needs of the community
Health Improvement Plan

- Based on results of Health Assessment (Data Driven)
- Engages Key Partners
- Identifies and Mobilizes Resources
- Prioritizes a 5 year comprehensive and coordinated plan of action for community
Accreditation Efforts at the County Level

• All 15 counties have completed a Health Assessment & Health Improvement Plan

• Working on Accreditation Readiness:
  Cochise, Coconino, Gila, La Paz, Maricopa, Mohave, Navajo, Pima, Yavapai and Yuma

• Planning to Applying to PHAB in 2014/15:
  Cochise, Mohave, Navajo, Pima, Yavapai, Maricopa & Yuma
Accreditation Efforts at Tribal Health Departments

• Two Health Department working on their Community Health Assessment:
  – Salt River Pima*
  – Navajo*

*National Public Health Improvement Initiative (NPHII) supported
Example
CHIP

Graham County Community Health Issues

Reduce Teen Pregnancy
- Increase county wide pregnancy prevention programs
- Reduce the rates of pregnancy and births to teens.
- Promote evidence based education for teen pregnancy prevention and provide knowledge to teens that will increase their skills and abilities leading to increase individual sexual responsibility.

Reduce Obesity, Poor Diet, Inactivity
- Promote nutrition and physical activity to reduce obesity
- Increase accessibility, availability, affordability, and identification of healthy foods.
- Establish new and improve current facilities that promote physical activity and health

Reduce High Blood Pressure and Diabetes
- Promote nutrition and physical activity to reduce high blood pressure and diabetes
- Increase accessibility, availability, affordability, and identification of healthy foods.
- Establish new and improve current facilities that promote physical activity, health, and well-being
- Engage existing and build new health care partnerships
- Enlarge the safety net for health care services.

WORK PLAN
Achieve Identified Improvements through Collaboration

*Courtesy of Graham County Health Department Strategic Implementation Plan*
Example of CHIP Action Item

- **Strategic Priority #2: Reduce Obesity, Poor Diet and Inactivity**
  Ultimately, our goal is to reduce obesity, through improved nutritional food choices and increased physical activity. This will be accomplished by establishing new and improving current facilities that promote physical activity and health. We will also seek to establish policies that encourage healthy community design standards that promote physical activity, and encourage jurisdictional planning to increase the accessibility, availability, and identification of healthy foods in Graham County. This effort will involve collaboration with community partners, public health, and other stakeholders in the design and delivery of integrated policy changes and education for living a healthy lifestyle.

- **Objective 1: Promote Nutrition and Physical Activity to Reduce Obesity**
  Graham County is collaborating with stakeholders to identify policy changes that can occur through worksite wellness programs.

- **Performance Measures:**
  - Increase the number of worksites that actively participate in an educational and activity driven wellness program.
  - Increase stakeholder input to assist with sample worksite wellness policies to share.
  - Increase the number of policy changes and implementing worksites in Graham County.
  - Increase the number of schools that offer nutritional choices for student’s breakfast and/or lunch offerings.
  - Increase the number of schools that offer physical activity time to all students in all levels (K-12) grades.
  - Use Public Service Announcements to promote improved nutrition, physical activity and other healthy lifestyle choices.

*Courtesy of Graham County Health Department Strategic Implementation Plan*
At the State Level

- ADHS has completed two of the three prerequisites
- Have 12 Domain Teams ~ 80% done with documentation requirements
- Developed a performance management system, and workforce development and CQI programs
- Provide TA to the counties and tribes for accreditation related activities
- Will release the State Health Assessment at the end of the month
State Health Assessment (SHA) Process

1. 60+ Health Indicators
2. Primary data from communities
3. Secondary data from ADHS
4. 15 County CHAs

SHA
15 Leading Public Health Issues
County Level Analysis

1. Obesity
2. Behavioral Health Services
3. Diabetes
4. Heart Disease
5. Insurance Coverage
6. Teen Pregnancy
7. Substance Abuse
8. Access to Well-Care
9. Creating Healthy Communities & Lifestyles
10. Management of Other Chronic Diseases
   (Asthma, Cancer, Respiratory Disease)
15 Leading Public Health Issues
Additional State Level Analysis

11. Tobacco
12. Suicide
13. Healthcare Associated Infections (HAI)
14. Unintentional injury
15. Oral Health
Arizonans Who Were Diagnosed With Diabetes By Income

Notes: Rolling 3-year averages for self-reported income from BRFSS data
Age-Adjusted Death Rates 2000-2011 for Accidents (Unintentional Injuries) by Geography

- **Urban**
- **Rural**

**Rate per 100,000**
How can the CHAs and the SHAs be used?

Health Improvement Plan

- Identify Assets
- Partner Driven

Health Assessment Report

- Public Health Accreditation
- Resource (Grants, HiAs, etc.)
Discussion & Next Steps for ADHS

- SHA results will inform the State Health Improvement Plan (SHIP) to be completed in 2014

- 15 county level Community Health Improvement Plans (CHIPs) are simultaneously moving forward around the state

- Partner discussions will define SHIP priority health issues, identify strategies, develop asset maps

- Continue to provide TA to local and tribal health departments as needed for accreditation related efforts through our Managing for Excellence program
“Accreditation of public health is a great opportunity for us to raise the bar on how well we provide the ten essential services, how we collaborate with our partners, and help us take an honest look at where we need to improve.

For the first time ever, we will have a systematic way to track our progress. Our public health system in Arizona will benefit as we all strive to meet the standards, either formally or informally.”

-Will Humble, Director ADHS
All accreditation related work, county and state level health assessments and health improvement plans will be available on the ADHS Managing for Excellence Website: http://www.azdhs.gov/diro/excellence